

# ELBOW LANE DAY CAMP



## 2023 PARENT GUIDE



**Elbow Lane Day Camp**  
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Warrington, PA 18976  
(215) 343-2120

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[www.elbowlane.com](http://www.elbowlane.com)

# ELBOW LANE DAY CAMP

Elbow Lane Day Camp provides a wide variety of activities for children 3 to 14 years old. The facility is a hidden gem that encompasses 27 acres of fun! The fields, courts and pools are well-suited to the age and ability of our campers. Our fun-filled program is active, with an emphasis on developing a positive self-image. By designing a program that meets each camper's interest and ability level, we can challenge our campers to do their best and, by success, see their confidence grow. Our athletic, adventure, arts & crafts and performing arts programming enriches each camper's experience, and weekly special events are always popular as they add fresh, creative activity to our schedule.

## **ELBOW LANE DAY CAMP MISSION STATEMENT**

Elbow Lane Day Camp's mission is to provide an enriching, exciting and challenging summer program in a safe, comfortable environment. All campers will have the opportunity to experience success and build their confidence, while making new friends and having fun.

The successful completion of this mission is the sole responsibility of the Directors, Head Counselors, Group and Specialty Counselors, and will be accomplished by:

- Creating a warm, comfortable, and safe environment in each group and at every activity, promoting teamwork and respect for each camper and staff member.
- Providing for individual differences in experience and ability with an emphasis on success and building confidence.
- Incorporating opportunities for fun into each activity.

Although each staff member will utilize their own strengths and creative talents in order to meet the challenge of fulfilling their mission, it is teamwork and cooperation that facilitates Elbow Lane Day Camp's goal of continuing as the best camp in the area.

The Elbow Lane mission statement is a broad statement of the camp's philosophy. The Elbow Lane mission is intended to help campers achieve the following goals:

- Build self-confidence by experiencing success in a wide variety of camp activities.
- Develop social skills that will help them interact, relate, and respect others.
- Become more self-reliant as they make decisions about their camp program.
- Learn to work cooperatively as a member of a team.
- Enjoy being involved in outdoor activities while learning to respect their natural environment.
- **Have fun!**

## KEY STAFF

**Owner/Director:** Bob Lester [bob@elbowlane.com](mailto:bob@elbowlane.com)

**Program Director:** Adrian Hazell [adrian@elbowlane.com](mailto:adrian@elbowlane.com)

**Assistant to Director:** Christian Lester [christian@elbowlane.com](mailto:christian@elbowlane.com)

### Head Counselors:

Junior Camp:	Ellen Klocek	Preschool - 1 <sup>st</sup> grade
Intermediate Camp:	Widge Hazell	2 <sup>nd</sup> and 3 <sup>rd</sup> grade
Senior Camp:	Sam Smith	4 <sup>th</sup> and 5 <sup>th</sup> grade
Upper Camp:	Miriam Conner	6 <sup>th</sup> - 9 <sup>th</sup> grade
Specialists:	Brian Yannarella	

### Upper Camp

**Trip Coordinator:** Michael Roche

### Office Staff:

Manager/Accounts	Jeanette Himpele	<a href="mailto:jeanette@elbowlane.com">jeanette@elbowlane.com</a>
Transportation/Office	Jodi Entenberg	<a href="mailto:jodi@elbowlane.com">jodi@elbowlane.com</a>

**Nurses:** Caroline Dennin, Julie Cutler, Samantha Hainer, Michelle Rollo

**AM Extended Hours:** Becky Toll

**PM Extended Hours:** Sharon Crimian

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## INTRODUCTION

The following information is presented to provide you with answers to many questions that you may have, as your child prepares to attend Elbow Lane Day Camp. While it is virtually impossible to cover every situation, the necessary procedures for camp preparation are carefully explained in the Parent Guide. Further information can be obtained by contacting the camp office. We hope that you will familiarize yourself with the details of this guide. **PLEASE RETAIN FOR FUTURE REFERENCE!**

Elbow Lane Day Camp is divided into four camps, by grade level. You will see references to Junior, Inter, Senior and Upper Camp throughout the guide, as well as in communications throughout the season. Please familiarize yourself with your camper(s) specific "Camp":

**Junior Camp:** bunks with incoming **Pre-school-1<sup>st</sup> Graders**

**Inter Camp:** bunks with incoming **2<sup>nd</sup> & 3<sup>rd</sup> Graders**

**Senior Camp:** bunks with incoming **4<sup>th</sup> & 5<sup>th</sup> Graders**

**Upper Camp:** bunks with incoming **6<sup>th</sup>-9<sup>th</sup> Graders**

## PREREQUISITES

**Forms** – also available under PARENT AREA at [www.elbowlane.com](http://www.elbowlane.com)

- [Medication Dispensing Form](#) - must be printed and returned if your child requires prescription medication during the camp day
- Permission Slips for Upper Camp trips will be posted during the camp season

**Tuition** – Final payment is due in full by May 15<sup>th</sup>, unless previously enrolled in the Monthly Installment Plan

**Enrollment** – schedule change requests can be emailed to [jeanette@elbowlane.com](mailto:jeanette@elbowlane.com)

- 4-week minimum enrollment for campers
- Minicamp does not count towards the 4-week minimum
- To participate in any camp activity, Special Event or Field Trip, a camper must be enrolled for that particular week
- Extension of enrollment may be available if space permits

## MARK YOUR CALENDAR

**2023 Camp Season:** Monday June 26<sup>th</sup> – Friday August 18<sup>th</sup>

Camp Hours 9:30 AM – 3:40 PM

Extended Hours Available 7 AM – 5:30 PM

- May 30<sup>th</sup> – **First Timer Parent Orientation** for parents/guardians of campers entering PS - 3<sup>rd</sup> grade
- June 25<sup>th</sup> – **Meet the Counselor Day**
  - **Last names A-K:** 12:15-1:00pm
  - **Last names L-Z:** 1:30-2:15pm
- June 26<sup>th</sup> - **First Day of Camp** 😊
- July 3<sup>rd</sup> & 4<sup>th</sup> - Camp closed in observance of Independence Day
- July 11<sup>th</sup> - **Picture Day** for Intermediate, Senior and Upper Campers
  - Camp shirts should be worn for pictures.
- July 12<sup>th</sup> - **Picture Day** for Junior Campers and Siblings
  - Camp shirts should be worn for pictures.
- August 1<sup>st</sup> - **Family Fun Night**
- August 18<sup>th</sup> - **Last Day of Camp** 😞 \*PM Extended Hours will close at 4:30pm
- Our Camp Calendar is available on our website, [www.elbowlane.com](http://www.elbowlane.com).

Reference the calendar for Spirit Days, Special Events, Upper Camp Field Trips, Camp Photos and Elbow Lane provided lunch days.

# CAMP PREPARATIONS

## DAILY HEALTH SCREENING

As part of a general wellness overview, and out of respect for fellow campers and staff, please conduct a daily at-home assessment of how your camper is feeling. Be aware of any symptoms they may be experiencing such as a cough, fever, shortness of breath/trouble breathing, sore throat, unusual fatigue, nausea (sick to stomach), runny nose or nasal congestion, headache, muscle or body ache, rash.

**If your camper is not feeling well, please do not send them to camp.**

The camp nurse may require a doctor's written consent stating your camper is clear to return to camp.

**Call the office or email [jeanette@elbowlane.com](mailto:jeanette@elbowlane.com) with the reason you are keeping your child at home.**

## WHAT TO BRING TO CAMP

**EVERYTHING SHOULD BE LABELED WITH THE CAMPER'S NAME!**

The following items should be brought to camp each day:

- Camp bag for essentials (see CAMP BAGS below)
- Bathing Suit, **wear it under clothes to camp**
- Change of Clothes/Undergarment for after swim
- Labeled reusable water bottle
- Sunscreen (also apply before camp)
- Plastic bag for wet swimsuits
- 1 or 2 towels
- Flip-flops (or aqua shoes to wear to the pool)
- Lunch and drink

Suggested/Optional items:

- Hat
- Additional Swimsuit
- Gaga glove (batting glove)
- Additional sunscreen to be left at camp

Preschoolers

- NAPPERS: Bring a freshly laundered blanket on Mondays. They will be returned on Fridays for laundering. We recommend no soft toys or stuffed animals so that these special items do not get misplaced.
- VELCRO SNEAKERS are recommended, as they speed the changing process before and after swim.

All Junior Campers (Preschool-1st grade)

- Extra set of LABELED clothing in a plastic bag. This will remain in their cubby at camp for the duration of their enrollment.

CIT's (Part-time & Full-time)

While assigned to a group, CIT's are required to be appropriately dressed in the pool areas.

- Females must wear a one-piece swimsuit or a tankini.
- Male staff must wear swim shorts.



## CLOTHING

We recommend comfortable and casual clothes. Please keep in mind when dressing your child that camp is an active place, and active campers are hard on their clothes. Campers must arrive daily wearing their bathing suit under their clothes and bring dry clothes for after swim. Sneakers or sturdy closed-toe shoes, such as Keen sandals, are required at camp. Flip flops/sandals/Crocs/aqua shoes should only be worn to the pool area. Make certain that your camper is dressed for the weather conditions of the day.

**Please help your campers show their enthusiasm and participate in Camp Spirits Days.**

Every camper will receive a limited edition 55th anniversary camp T-shirt during their first week of camp. Additional camp gear is available for purchase through our online store. **Purchases must be made by May 30<sup>th</sup>** and will be available for distribution on Meet the Counselor Day, Sunday June 25<sup>th</sup>.

## CAMP BAG

Backpacks are necessary for campers to transport items each day. Few personal items should travel between home and Elbow Lane.

***EVERYTHING SHOULD BE LABELED WITH THE CAMPER'S NAME!***

## WHAT NOT TO BRING

**Personal Items** - Please do not bring personal items to camp, such as sports equipment, toys, camera etc. Elbow Lane supplies all camp equipment needed for the daily camp program. The camp is not responsible for the loss or damage of any personal property brought to camp.

**Cell Phones** - **We urge you to consider NOT sending your camper to camp with a cell phone.** Campers are not permitted to use their cell phones at camp. This includes making/receiving phone calls, sending/receiving texts, social media or games. If you need to contact a camper, please use the office number 215-343-2120. Policy dictates campers may not carry cell phones during the camp day.

## MINICAMP

Minicamps provide camp-oriented programs, including swim, for working parents who need care for their children the week prior to camp (June 19<sup>th</sup>-23<sup>rd</sup>), and the week after camp (August 21<sup>st</sup>-25<sup>th</sup>). Enrollment is limited; contact the office for availability.

Please note there is **no camp transportation or cookout/pizza provided during Minicamp weeks, however snacks will be provided.**

For camper pick-up between 3:30-4:00pm please use the main driveway to the pickup circle. Have your camper dashboard tag displayed. All other arrival and departure procedures are the same as published.

All other published policies and procedures are in force during Minicamps.

# ARRIVAL PROCEDURES

## **VEHICLES ENTERING CAMP**

**Elbow Lane is a residential street, please observe posted speed limits.** Speed limit is 5 mph on campus.

**Camp staff will not direct traffic, they are there to indicate the driveway in use. Please use defensive driving techniques when entering the property.**

**No texting or cell phone usage while driving on campus.** Drivers should not make or receive phone calls during drop-off/pick-up. Drivers must keep their attention on their surroundings for safety and efficiency.

## **SEAT BELTS**

Most campers will be expected to unbuckle at drop off and buckle up at pick up, without assistance. Preschoolers and some Kindergarteners may require help with both procedures. Assuming they are still in a car seat or booster, please place their seat nearest the passenger-side door.

## **AM EXTENDED ARRIVAL**

AM Extended Hours will begin at 7:00am and a provided Dashboard Tag will be required to drop off your camper before 9am. Please make sure your camper has finished their breakfast before arriving at camp.

Vehicles should use the Main Driveway upon arrival. Campers should not exit the vehicle until approached by a Greeter. **Drivers should stay inside the vehicle and ALL campers should exit the vehicle on the passenger-side.** Greeter will assist campers, as needed, exiting the vehicle.

## **CAMP ARRIVAL (REGULAR DAY)**

**Arrivals before 9am will not be permitted unless the camper is signed up for AM Extended Hours.**

An AM Extended Hours dashboard tag is required for drop off before 9am.

Staggered arrivals help minimize congestion at the drop off area:

- 9:00 - 9:15 - campers with the last name beginning A-K
- 9:15 - 9:30 – campers with the last name beginning L-Z

We will allow some flexibility based on individual situations.

**Camp staff will not direct traffic, they are there to indicate the driveway in use. Please use defensive driving techniques when entering the property.**

Campers should not exit the vehicle until approached by a Greeter. **Drivers should stay inside the vehicle and ALL campers should exit the vehicle on the passenger-side.** Greeter will assist campers, as needed, exiting the vehicle.

## CAMP TRANSPORTATION

We will require children ages 4 through 7 to sit in a booster seat when riding in a camp van. To minimize the inconvenience for parents, Elbow Lane has purchased booster seats for all children in this age range. Campers entering Kindergarten or older, who will be riding in a mini-school bus, are not required to sit in a booster seat, as school buses are exempt from this regulation. However, they will be buckled in seatbelts provided in the bus. Preschool-age children will be assigned a camp van and parents must provide a car seat.

Driving assignments are distributed to staff on Saturday, June 10<sup>th</sup>. Drivers will make every effort to contact each parent before Sunday, June 18<sup>th</sup>. If you have not been contacted by Tuesday, June 20<sup>th</sup>, call the office. Please understand that it may take several days to establish the most efficient pick-up/drop-off routines; delays may occur. The number of passengers may vary week to week, please allow flexibility with drop-off and pick-up times.

**Parents should notify the driver and the camp office when a child is expected to be absent.** Drivers start their route early, so please reach out as soon as possible if a change is being made via text or call to the driver. The parents should also contact the driver to remind him/her to pick up the camper when he/she is ready to return to camp after an absence.

Please have your child ready for morning pick-up, outside of the house, as our drivers may not leave their vehicles to knock on your door. In the afternoon, someone must be present when your camper arrives home. The driver will not leave the camper at home without an adult present, unless prior authorization was submitted to the camp office.

Our drivers are reminded to drive safely. If you should observe them disobeying any traffic regulations, please contact the camp office.

Requests for changes in pick-up or drop-off locations must be in writing and forwarded to the camp office for approval. We can only honor requests if there is room in the vehicle on the route requested.

If you plan on picking up your child at camp, please notify the driver and camp office in advance. Follow the procedures in the section for parent pick-up.

***Please note:*** *There may be a fuel surcharge if prices increase significantly during the camp season.*

## LATE ARRIVAL

The front gate will close promptly at 9:30am. Please make every effort to arrive prior to 9:30am.

If you are running late and arrive after 9:30am:

- Enter main driveway, park in the Visitor's Parking area and walk to the red gravel path.
- Stop at the sign and call the office.
- Wait at the bench until staff arrives to check your camper in for the day.
- DO NOT send your camper to their bunk if the car line gate has closed.

## ABSENCES

**If a child is to be absent at any time, please contact the camp office as early as possible.** Please call the camp office, 215-343-2120, or email [jeanette@elbowlane.com](mailto:jeanette@elbowlane.com). No refunds or credit will be given for missed days.

If the camp is providing transportation, and your child is going to be absent, please contact the driver as soon as possible to notify them to not pick up your child. Notify the camp office of the absence as well.

# DAILY ROUTINE

## LINE-UP

The camp day regularly begins with an all-camp flag raising and announcements.

## SWIMMING

Campers at Elbow Lane Day Camp swim twice per day. Morning swim will be an instructor-led period working to improve upon camper's swim skills and confidence in the water. Recreational swim will be in the afternoon. For a camper to participate in the afternoon free swim, they are required to partake in the morning instructor-led period. Junior and Inter Camp counselors will be in the pool during swim periods.

Non-swimmers or beginners may be afraid of the water or concerned about failing. Our approach is based on encouragement and motivation to create a sense of security and the self-assurance needed for the camper to succeed. Personal floatation devices are not used at Elbow Lane Day Camp, as shallow areas allow for campers to stand in the pool. Our youngest campers are assigned to a pool with a 2 ½ feet shallow end.

Elbow Lane uses swim bands to identify campers who have passed our deep-water evaluation. Earning a Deep-Water Band requires campers to show proficiency swimming in deep water, along with floating on their back and treading water. To ensure safety at our pools, campers must wear their band at all pool activities. We encourage wearing the band throughout the camp day. If a swim band is forgotten or lost, campers may be asked to demonstrate proficiency again. Please help ensure your camper takes responsibility for their Deep-Water Band.

NO CHILD IS FORCED TO SWIM OR TAKE A DEEP-WATER EVALUATION! Parents are urged to contact the camp if you feel your child is having a problem.

## FOOD AND DRINK

Campers should have a substantial breakfast **before** arriving at camp each morning.

**For lunch, disposable bags are preferred. All lunches MUST BE CLEARLY LABELED with camper name and bunk.**

Elbow Lane provides lunch as follows:

- Wednesday is Cookout Day – the best hot dogs and hamburgers on the planet! (according to Bob)
- Friday is Pizza Day!
- Check the Camp Calendar for the bi-weekly Walking-Taco Tuesday!

You will be notified of any changes. You may send in alternatives to Elbow Lane lunch/snack any time.

**Food Allergies:** With a number of campers and staff having nut allergies, we ask you to please mark any lunch bag that contains peanuts or nuts with a large “P”. This procedure will help our counselors seat the children in an arrangement that will minimize any exposure to a potential health risk. Please understand that we are not asking you to read every ingredient on every item, simply identify the obvious foods that contain peanuts and nuts (foods such as peanut butter sandwiches, cookies, crackers, etc.). Other food allergies should be discussed with your child's counselor during the parent/counselor phone call. REMIND YOUR CHILDREN NOT TO SHARE THEIR FOOD. Your cooperation in this is greatly appreciated!

### FOOD & DRINK (Continued)

Daily snack is provided for campers. We will offer items such as fresh fruit, goldfish, pretzels, popsicles, ice cream and more! Water and juice will also be available.

**Reusable LABELED water bottles** are highly recommended. Please make certain that drink containers are clearly labeled with the camper's name.

## DISMISSAL PROCEDURES

### EARLY PICK-UP

If you would like to pick-up your camper before our regular day at 3:40pm, for any reason, please contact the office before 9am, with your expected arrival time. **All early pick-ups must be completed before 2:45pm.** If someone other than a parent is picking up, that person must be listed on your Camper Pick-Up Authorization and have their Photo ID available. To add an authorized pick-up, please email [jeanette@elbowlane.com](mailto:jeanette@elbowlane.com).

When you arrive:

- Enter the main driveway, park in the Visitor's Parking area and walk to the red gravel path.
- Stop at the sign and call the office.
- Wait at the bench, with Photo ID available, until your camper arrives.

*\*Please note: Wait times may be dependent on camp schedule, please be patient.*

**A camper will only be released to those listed on the authorization - Photo ID is required!**

The same instructions apply when the Camp Nurse/Director requests an early pick-up.

### **¾-DAY PROGRAM DISMISSAL**

Parents of children in the ¾-day program should arrive at 1:40 PM:

- Enter the main driveway, park in the Visitor's Parking area and walk to the red gravel path.
- Stop at the sign and call the office.
- Wait at the bench until your camper arrives with a counselor.

## REGULAR DISMISSAL/PARENT PICK-UP

The driveways will be blocked and closed until 3:30pm. **The gravel driveway opens at 3:30pm for a 3:40pm dismissal.** Please do not arrive before that time or you will be required to drive around the neighborhood until 3:30pm. DO NOT pull over onto the side of the road, it is a hazard. Warrington Police frequently patrol the area.

**Camp staff will not direct traffic, they are there to indicate the driveway in use, either the gravel driveway or main driveway. Please use defensive driving techniques when entering the property.**

**Vehicles need to display camper(s) name card.** Name cards will be mailed prior to camp. They are color-coded by Camp (Junior, Inter, Senior, Upper), to help staff identify where your child is located. Contact the office for additional name cards. It is difficult for staff to see the dashboard tag when it is lying on the dashboard, we suggest clipping it to your visor for easier viewing. **For those without the Elbow Lane tag, photo identification will be required.**

Drivers should stay inside the vehicle and stay in the car line. Please do not call to your child as you enter. See [map](#) for visual guidance.

- Seniors and Uppers, grades 4<sup>th</sup>-9<sup>th</sup>, will be picked up at the Upper Pavilion.
- Inter Camp, grades 2<sup>nd</sup> & 3<sup>rd</sup>, will be picked up at our 'Inter Inn'.
- Junior Camp, preschool-1<sup>st</sup> grade, proceed into the Junior pick-up circle.
- Full-time CIT's working with Junior and Inter Campers will be picked up at their respective areas.

If you do not have a Junior camper, you may exit as directed after the Inter Inn.

Staff will facilitate safely merging traffic patterns.

The overflow area on the map, marked with yellow arrows, will be utilized if traffic begins to back up onto Elbow Lane.

Please be patient with us and your fellow chauffeurs. Follow signage and directions of staff.

**Gravel driveway and Main Gate close at 4:00pm.**

## PM EXTENDED HOURS

**PM Extended Hours will end at 5:30pm.**

***\*on the last day of camp, August 18, PM Extended Hours will end at 4:30pm.***

Campers utilizing our PM Extended Hours will be signed out at the table in the small circle near the gate. Please park in the Visitor's Parking area and follow the red gravel path. Staff will sign out the departing camper. **A camper will only be released to those listed on the pick-up authorization - Photo ID is required!**

Camp closes at 5:30pm sharp. If your child is not picked up by this time, you will be charged a late fee of \$30. Additional late fees will accrue per 15-minute increment.

## RAINY DAY

Elbow Lane adjusts the activity schedule on rainy days, to keep our campers active and stimulated. We have plenty of indoor/pavilion space to safely absorb a few showers or quick afternoon storm. Consider keeping your camper home when a full day of rain is forecast.

Children should bring rain gear on rainy or rain-threatened days. It is our philosophy that movement on a rainy day is better than confining campers to one building for an entire day. A change of clothing is suggested when heavy rain is anticipated.

**At dismissal, the gravel driveway will be open at 3:20 pm on rainy days.** There will be a modified rainy-day pick-up routine for Junior Camp. Dismissal to cars will take place from the school building in lieu of the Junior Camp pick-up circle. All other camps will dismiss from usual locations. Please be patient and follow directions of the staff.

# COMMUNICATION

## PRE-SEASON COUNSELOR PHONE CALL

**ALL** Junior Camp families (Pre-School, Kindergarten, First Grade) will receive a counselor phone call. Other campers will receive a pre-season phone call from the counselor, if requested on the Registration Agreement that was previously completed.

Counselors receive their bunk lists at our Staff Training Event on June 10<sup>th</sup>. You can expect to receive a call no later than Sunday June 18<sup>th</sup>. **Please note: Counselor will call from an unknown/blocked phone number.** All other communication should be done directly through the camp office. We request that counselors do not share their phone number with camp families.

## OTHER COMMUNICATION

Parents are requested to carefully read all information provided during the camp season. For regular updates and information, check our website at [www.elbowlane.com](http://www.elbowlane.com).

The following is public access information that you should check frequently:

- **Camp Calendar/Daily Schedule** - gives a brief description and dates of Special Events and daily activities for all groups.
- **Permission Slips for off-campus trips**
- **Special Announcements and Camp Forms**
- **Elbow Lane Facebook** <https://www.facebook.com/elbowlanecamp>
- **Instagram link:** <https://www.instagram.com/elbowlanedaycamp/>

The following information is not available for public access but can be accessed as follows:

- **Photos and videos of activities throughout the summer** available on camp's Google Drive.
  - Simply type [bit.ly/elbowlane23](http://bit.ly/elbowlane23) into your browser.
- **Camp Parent Notifications** – text messages will occasionally be sent directly to account holders' phone, to inform you of items that might affect your camper (e.g. wear camp shirt, picture day, rain forecasted)
- **Friday Flyer** – emailed every Friday afternoon. Contains details of the activities during the current camp week and reminders for the upcoming week.

## HEALTH AND WELFARE

Please contact us if you have any questions relating to the procedures and policies that we have adopted to keep our campers and staff as safe as possible.

### **CAMPER ADJUSTMENT**

Your camper may require an adjustment period. If you feel your child is encountering problems at camp, CONTACT THE CAMP DIRECTORS IMMEDIATELY! Please DO NOT WAIT until the end of the summer to let us know that your child had an issue at camp. We do our best when we are informed of your concerns and are given the opportunity to address them.

### **TICKS**

We make an effort to check the children as part of our regular routine. However, those little critters can hide pretty well, and we strongly suggest you keep your eyes open too. We also suggest dressing children in light colored clothing. It will make it easier to spot a wandering tick. The grounds are treated to minimize exposure to ticks and poison ivy.

### **TICKS AND LICE PREVENTION**

Ropes course helmets are treated with an all-natural, non-toxic tick and lice repellent. This will help keep our Elbow Lane campers pest-free! The liquid spray contains cinnamon and spearmint oils, so you may notice a sweet fragrance emanating from your camper on days when they have worn a helmet! These steps have been very helpful in the recent past, as we have been able to avoid lice issues. If a parent discovers lice on their child, please contact the camp office immediately. Alternatively, in the event a camper is seen by the nurse and lice is diagnosed, the camp nurse will contact the parents with treatment options.

### **SUNSCREEN**

Please apply sunscreen **prior** to the camp day. Campers will be reminded to apply sunscreen after both morning and afternoon swims. Counselors will assist in application, as necessary. We also recommend UV protective swim shirts.

### **POTTY TRAINING POLICY**

Campers must be potty-trained prior to the camp season. Counselors will remind campers to use the bathroom at swim time and frequently throughout the day. We encourage independence in all aspects of toileting, and urge the parents to do so as well.

If a camper has two “accidents” in a day, the parents will be called to remove the camper for the remainder of the day. More than three “accidents” will require parents to keep the child home until successfully potty-trained.

### **INCIDENT REPORTING**

The general camp practice is to contact parents when there is concern about a camper's health or conduct. In the event of an injury or behavioral concern, a Nurse or Director will contact parents/guardians by phone.



## CAMP NURSE

The primary duty of the camp nurse is to maintain the health and safety of all our campers and staff. If the Camp Nurse observes any concerning illness or injury, she will reach out to the Primary Contact and/or Emergency Contact on file and may request the camper to be picked up.

Camper's Health Forms are reviewed by the Camp Nurse. Please make certain that any health issue, of which we should be aware, has been communicated. The nurse will be available for consultation by appointment. You may speak to the nurse during the camp day by calling the office.

If the camp is expected to administer prescription medication, or other medication on a regular basis, we must be provided with written instructions by a physician. Print and return our [Medication Dispensing Form](#), also available on our website. Medication may be dropped off at the office prior to camp or be sent in with the camper on their first day.

## ADDITIONAL INFORMATION

### CAMP PHOTOS

Picture days are scheduled for Tuesday, July 11<sup>th</sup> and Wednesday, July 12<sup>th</sup>. All campers are required to wear the camp provided 55<sup>th</sup> Anniversary t-shirt for their scheduled bunk photo day. Elbow Lane will provide an individual and a bunk photo for all campers in attendance. Sibling pictures are available on Wednesday, July 12<sup>th</sup>, for an additional fee. Envelopes will be sent home prior to photo day.

If your camper is not scheduled on their picture day, they are welcome to join the bunk for the photo. Elbow Lane will provide a photo day schedule in July.

### GUESTS/VISITORS

Guests/visitors are not permitted on camp grounds. Medical and liability regulations dictate this policy.

### GROUPING

When placing campers into a bunk, we attempt to group children who have been together from year to year and try to honor friend requests listed on the Pre-Registration Form.

### TIPPING

Tipping has been a long-standing tradition. If you feel your child developed a special relationship with a counselor, driver, or specialist, it is appropriate to offer such a gift at the end of the season. Tipping is optional and is based purely on the parents' desire to do so.

### SMOKING AND VAPING

Elbow Lane is a smoke-free facility. Smoking and vaping are not permitted on the Elbow Lane campus.

### ALCOHOL/CONTROLLED SUBSTANCES

Alcohol or controlled substances are not allowed on camp property. Anyone found with these substances will have them confiscated and parents will be called for immediate camper pick-up. All prescription and over-the-counter medications must be kept in the nurse's office.

### INSURANCE

Camp carries a self-insured, secondary, medical insurance policy. All medical claims **must** be submitted to the camper's primary carrier before camp policy becomes effective.

**PETS**

No pets or animals should be brought to the camp.

**WEAPONS**

Any item that could be used as a weapon is not permitted on the camp grounds. These items include, but are not limited to knives, fireworks, BB or pellet guns, martial arts weapons and firearms. Anyone who brings these items to camp will have the item confiscated and parents will be called for immediate camper pick-up.

## **OTHER PROGRAMS AT ELBOW LANE**

**SMALL GROUP AND PRIVATE SWIM LESSONS**

Our Swim Instructors will be available to provide instruction Monday through Thursday after the camp day. The lesson will be 30 minutes in length, and parents can select the day(s) that are best-suited to their schedule. Lesson fee must be prepaid.

Private Lessons

\$50.00 for 30-minute session

Group Lessons (2-3 per group)

\$40 each for 30-min session

For more information or to enroll in either program, contact the camp office.

**ELBOW LANE SCHOOL**

We are a Keystone Star 4 facility licensed by both the Department of Human Services and Department of Education.

- **PRESCHOOL** for children 3 - 5 years old.  
Three- and five-day programs are available, Sept. through June.
- **CHILD CARE** for Infants (starting at 6 weeks), Toddlers, and Pre-Schoolers.
- **FULL DAY and HALF DAY KINDERGARTEN ENRICHMENT** program available.  
Transportation available to/from Mill Creek and Titus Elementary.

For more information or to enroll, call Jenn Kunigus, School Director (215-343-2124)

**ELBOW LANE TEAMBUILDING & PICNICS**

Corporate, School, and Community Teambuilding Programs for all ages, as well as family picnics and birthday parties! Contact [Christian@elbowlane.com](mailto:Christian@elbowlane.com)

Visit our website for more information at [www.elbowlane.com](http://www.elbowlane.com)