

ELBOW LANE DAY CAMP



2022 PARENT GUIDE



Elbow Lane Day Camp
828 Elbow Lane
Warrington, PA 18976
(215) 343-2120

camp@elbowlane.com
www.elbowlane.com

ELBOW LANE DAY CAMP

Elbow Lane Day Camp is a traditional day camp that provides a wide variety of activities for children 3 to 14 years old. Elbow Lane welcomes children of all religious and ethnic backgrounds. The facility is a hidden gem that encompasses 27 acres of FUN. Each field, court and pool is well-suited to the age and ability of our campers. Our program is active, with an emphasis on developing a positive self-image and having lots of fun. By designing an athletic program that meets each camper's interest and ability level, we can challenge our campers to do their best and, by success, see their confidence grow. Our creative and performing arts program enriches each camper's experience, and weekly special events are always popular as they add fresh, creative activity to our schedule.

ELBOW LANE DAY CAMP MISSION STATEMENT

Elbow Lane Day Camp's mission is to provide an enriching, exciting and challenging summer program in a safe, comfortable environment. All campers will have the opportunity to experience success and build their confidence, while making new friends and having fun.

The successful completion of this mission is the sole responsibility of the Directors, Head Counselors, Group and Specialty Counselors, and will be accomplished by:

- Creating a warm, comfortable, and safe environment in each group and at every activity, promoting teamwork and respect for each camper and staff member.
- Providing for individual differences in experience and ability with an emphasis on success and building confidence.
- Incorporating opportunities for fun into each activity.

Although each staff member will utilize their own strengths and creative talents in order to meet the challenge of fulfilling their mission, it is teamwork and cooperation which will facilitate Elbow Lane Day Camp's goal of continuing as the BEST camp in the area.

The Elbow Lane mission statement is a broad statement of the camp's philosophy. The Elbow Lane mission is intended to help campers achieve the following goals:

- Build self-confidence by experiencing success in a wide variety of camp activities.
- Develop social skills that will help them interact, relate, and respect others.
- Become more self-reliant as they make decisions about their camp program.
- Learn to work cooperatively as a member of a team.
- Enjoy being involved in outdoor activities while learning to respect their natural environment.
- **Have fun!**

KEY STAFF

Owner/Director: Bob Lester bob@elbowlane.com

Program Director: Adrian Hazell adrian@elbowlane.com

Assistant to Director: Christian Lester christian@elbowlane.com

Head Counselors:

Junior Camp:	Ellen Klocek	Preschool - 1 st grade
Intermediate Camp:	Widge Hazell	2 nd and 3 rd grades
Senior Camp:	Sam Smith	4 th , 5 th and 6 th grades
Upper Camp:	Skip Mason	7 th , 8 th and 9 th grades
Specialists:	Brian Yannarella	

Office Staff:

Manager/Accounts	Jeanette Himpele	jeanette@elbowlane.com
Transportation/Office	Jodi Entenberg	jodi@elbowlane.com

Nurse: Caroline Dennin, Julie Cutler, Samantha Hainer

AM Extended Hours: Becky Toll

PM Extended Hours: Colin Langan

INTRODUCTION

Although some of our strict Covid protocols of the last two summers have been relaxed for 2022, be assured that we will be following CDC and regional guidance. As guidance evolves throughout the spring and summer, there may be adjustments to camp policies/protocols as necessary. We do strongly encourage all children who are eligible, to become vaccinated against Covid-19. Although vaccination is not required for camp attendance, vaccination status currently determines quarantine period if a camper tests covid positive or have been directly exposed.

We are fully committed to providing the safest possible environment for our campers and staff to flourish and have fun at Elbow Lane. Everything we do at camp will be in the best interest of your camper and our staff, but there is still risk involved. Your home life is an extension of Elbow Lane, and all campers and staff become part of your extended family. We need to work together to prevent the virus from entering our camp environment. Thank you in advance for doing your part, we will do ours to the best of our ability!

The following information is presented to provide you with answers to many questions that you may have, as your child prepares to attend Elbow Lane Day Camp. While it is virtually impossible to cover every situation, the necessary procedures for camp preparation are carefully explained in the Parent Guide. Further information can be obtained by calling the camp office, 215-343-2120. We hope that you will familiarize yourself with the details of this guide. **PLEASE RETAIN FOR FUTURE REFERENCE!**

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REQUIREMENTS

Forms – also available under PARENT AREA at www.elbowlane.com

- [Medication Dispensing Form](#) - must be printed and returned if your child requires prescription medication during the camp day

Tuition – Final payment is due in full May 15th, unless previously enrolled in the Monthly Installment Plan

Enrollment – schedule changes can be emailed to jeanette@elbowlane.com

- 4-week minimum enrollment for campers
- Minicamp does not count towards 4-week minimum
- To participate in any camp activity, Special Event or Field Trip, a camper must be enrolled for that particular week
- Extension of enrollment may be available if space permits

CAMP PREPARATIONS

MARK YOUR CALENDAR

2022 Camp Season: Monday June 20th – Friday August 12th

Camp Hours 9:30 AM – 3:40 PM

Extended Hours Available 7 AM – 5:30 PM

- May 24th – **First Timer Parent Orientation** for parents/guardians of campers entering PS - 3rd grade
- June 18th – **Meet the Counselor Day**
 - **Last names A- K:** 12:15-1:00pm
 - **Last names L-Z:** 1:30-2:15pm
- July 4th - Camp closed in observance of Independence Day
- July 12th - **Picture Day** for Intermediate, Senior and Upper Campers
 - Camp shirts should be worn for pictures.
- July 13th - **Picture Day** for Junior Campers and Siblings
 - Camp shirts should be worn for pictures.
- Our Camp Calendar is available on our website, www.elbowlanecamp.com.
See the calendar for Spirit Days, Special Events and dates of Upper Camp Field Trips.

DAILY HEALTH SCREENING

As part of a general wellness overview, and out of respect for fellow campers and staff, please conduct a daily at home assessment of how your camper is feeling. Be aware of any symptoms they may be experiencing such as a cough, fever, shortness of breath/trouble breathing, new loss of sense of taste/smell, sore throat, unusual fatigue, nausea (sick to stomach), runny nose or nasal congestion, headache, muscle or body ache, rash. If your camper is not feeling well, please do not send them to camp.

If your camper has been in close contact to a positive COVID-19 case, been diagnosed themselves or awaiting a COVID test result, DO NOT send your camper to camp.

The camp nurse may require a doctor's written consent stating your camper is clear to return to camp.

Call the office or email jeanette@elbowlane.com with the health reason you are keeping your child at home.

WHAT TO BRING TO CAMP

EVERYTHING SHOULD BE LABELED WITH THE CAMPER'S NAME!

The following items should be brought to camp each day:

- Camp bag for essentials (see CAMP BAGS below)
- Bathing Suit, **wear it under clothes to camp**
- Change of Clothes/Undergarment for after swim
- Labeled reusable water bottle
- Sunscreen (also apply before camp)
- Plastic bag for wet swimsuits
- 1 or 2 towels
- Flip-flops (or aqua shoes to wear to the pool)
- Lunch and drink

Suggested/Optional items:

- Hat
- Additional Swimsuit
- Gaga glove (batting glove)
- Additional sunscreen to be left at camp

Preschoolers

- NAPPERS: Bring a freshly laundered blanket on Mondays. They will be returned on Fridays for laundering. We recommend no soft toys or stuffed animals so that these special items do not get misplaced.
- VELCRO SNEAKERS are recommended, as they speed the changing process before and after swim.

All Junior Campers (Preschool-1st grade)

- Extra set of LABELED clothing in a plastic bag. This will remain in their cubby at camp for the duration of their enrollment.

CLOTHING

Elbow Lane Day Camp is not a uniform camp, although we do provide a camp t-shirt for every camper. We recommend comfortable and casual clothes. Please keep in mind when dressing your child that camp is an active place, and active campers are hard on their clothes. Campers must wear their bathing suit under their clothes to camp and bring dry clothes for after swim. Sneakers or sturdy closed-toe shoes, such as Keen sandals, are required at camp. Flip flops/sandals/aqua shoes should only be worn to the pool area. Make certain that your camper is dressed for forecasted weather conditions of the day.

Please help your campers show their enthusiasm and participate in Camp Spirits Days. Wear camp shirts every Friday!

Additional camp gear is available for purchase through our online store. **Purchases must be made by May 23rd** and will be delivered the week of June 20th. Home or camp delivery available.

CAMP BAG

Few personal items should travel between home and Elbow Lane. Backpacks are necessary for campers to transport items each day. Best practice is to eliminate or minimize items brought to camp.

EVERYTHING SHOULD BE LABELED WITH THE CAMPER'S NAME!

WHAT NOT TO BRING

Personal Items - Please do not bring personal items to camp, such as sports equipment, camera, cell phones, etc. Elbow Lane supplies all camp equipment needed for the daily camp program and will sanitize as necessary to maintain the safety of our campers and staff. The camp is not responsible for the loss or damage of any personal property brought to camp.

Cell Phones - **We urge you to consider NOT sending your camper to camp with a cell phone.** Campers are not permitted to use their cell phones at camp. This includes making/receiving phone calls, sending/receiving texts. If you need to contact a camper, please use the office number 215-343-2120. Policy dictates campers may not carry cell phones during the camp day.

MINICAMP

Minicamps provide camp-oriented programs, including swim, for working parents who need care for their children the week prior to camp (June 13th-17th), and the week after camp (August 15th-19th). Enrollment is limited, contact the office for availability.

Please note there is **no camp transportation or cookout/pizza provided during Minicamp weeks, however snacks will be provided.**

For camper pick-up between 3:30-4:00p please use the main driveway to the pickup circle. Have your camper dashboard tag displayed. All other arrival and departure procedures are the same as published.

All other published policies and procedures are in force during Minicamps.

ARRIVAL PROCEDURES

VEHICLES ENTERING CAMP

Please observe posted speed limits as neighbors have complained about speeding on Elbow Lane and on other local roads. Speed limit is 5 mph on campus.

Road staff will not direct traffic, they are there to point to the driveway in use. Please use defensive driving techniques when entering the property.

Drivers should stay inside the vehicle and ALL campers should exit the vehicle on the passenger-side.

No texting or cell phone usage while in line. Drivers should not make or receive phone calls during drop-off/pick-up. Driver's must keep their attention on their surroundings for safety and efficiency.

SEAT BELTS

Most campers will be expected to unbuckle at drop off and buckle up at pick up, without assistance. Preschoolers and some Kindergarteners may require help with both procedures. Assuming they are still in a car seat or booster please place their seat nearest the passenger-side door.

AM EXTENDED ARRIVAL

AM Extended Hours will begin at 7:00am and a provided Dashboard Tag will be required to drop off your camper before 9am. Please make sure your camper has finished their breakfast before arriving at camp.

Vehicles should use the Main Driveway upon arrival. Do not exit vehicle until approached by a Greeter, drivers will remain in the vehicle the entire time. Greeter will open the passenger-side door to confirm that the daily health assessment was performed before arriving at camp. Greeter will then assist campers, as needed, exiting the vehicle.

- If the daily health assessment has not been performed your camper should not be at camp.
- If the Greeter observes the presence of any concerning symptom, you may be directed for screening for further evaluation by our Nurse/Director/Head Counselor on duty.
 - If cleared, the camper will join their group.
 - **If a child is not cleared, they will be required to return home.** To be admitted back into Elbow Lane, the camp nurse may require a doctor's written consent stating the camper is cleared to return to camp.

CAMP ARRIVAL (REGULAR DAY)

Arrivals before 9am will not be permitted unless camper is signed up for AM Extended Hours.

A dashboard tag is required for drop off before 9am.

Staggered arrivals to help minimize congestion at the drop off area.

- 9:00 - 9:15 - campers with the last name beginning A-K
- 9:15 - 9:30 – campers with the last name beginning L-Z

We will allow some flexibility based on individual situations.

Road staff will not direct traffic, they are there to point to the driveway in use. Please use defensive driving techniques when entering the property.

When a camper arrives at camp, **drivers stay in the vehicle.** A Greeter will approach the vehicle and confirm that the daily health screening was performed before arriving at camp. Greeter will open the passenger-side door and assist campers exiting the vehicle, as necessary.

- If the daily health screening has not been performed your camper should not be at camp.
- If the Greeter observes the presence of any concerning symptom, you may be directed for screening to our Nurse's station for further evaluation by our Nurse.
 - If cleared, the camper will join their group.
 - **If a child is not cleared, they will be required to return home.** To be admitted back into Elbow Lane, the camp nurse may require a doctor's written consent stating the camper is cleared to return to camp.

CAMP TRANSPORTATION

We will require children ages 4 through 7 to sit in a booster seat when riding in a camp van. To minimize the inconvenience for parents, Elbow Lane has purchased booster seats for all children in this age range. Campers entering Kindergarten or older, who will be riding in a mini-school bus, are not required to sit in a booster seat, as school buses are exempt from this regulation. However, they will be buckled in seatbelts provided in the bus. Preschool age children will be assigned a camp van, parents must provide a car seat.

Driving assignments are distributed to staff on Saturday, June 11th. Drivers will make every effort to contact each parent before Wednesday, June 15th. If you have not been contacted by Thursday, June 16th, call the office at (215) 343-2120. Please understand that it takes several days to establish the most efficient pick-up/drop-off routines—delays may occur.

Parents should notify the driver and the camp office when a child is expected to be absent. The parents should also contact the driver to remind him/her to pick up the camper when he/she is ready to return to camp after an absence.

Please have your child ready for morning pick-up, as our drivers may not leave their vehicles to knock on your door. In the afternoon, someone must be present when your camper arrives home. The driver will not leave the camper at home without an adult present, unless prior written authorization is submitted to the camp office.

Our drivers are reminded to drive safely. If you should observe them disobeying any traffic regulations, please contact the camp office.

Requests for changes in pick-up or drop-off locations must be in writing and forwarded to the camp office for approval. We can only honor requests if there is room in the vehicle on the route requested.

If you plan on picking up your child at camp, please notify the driver and camp office in advance. Follow the procedures in the section for parent pick-up.

If your camper is getting on the van/bus, we will assume that they passed the at-home daily health screening.

Upon arrival, if a camper is showing any physical symptoms, the nurse will evaluate your camper. If camper does not pass the nurse screening, you will be required to pick up your camper at Elbow Lane immediately. To be admitted back into Elbow Lane, the camp nurse may require a doctor's written consent stating the camper is cleared to return to camp.

Please note: *There may a fuel surcharge if prices exceed \$5 per gallon during the camp season.*

LATE ARRIVAL

The front gate will close promptly at 9:30am. Please make every effort to arrive prior to 9:30am.

If you are running late and arrive after 9:30am:

- Enter main driveway, park in the Visitor's Parking area and walk to the red gravel path.
- Stop at the sign and call the office.
- Wait at the bench until staff arrives to confirm your camper's daily health assessment was performed.
 - If cleared, staff will escort camper(s) to their group. The parent/driver will return to their car.
 - If the camper is displaying physical symptoms, they must go to the nurse for further screening, the parent must wait until additional screening is complete.

ABSENCES

If a child is to be absent at any time, please contact the camp office prior to the camp day. Please call the camp office, 215-343-2120, or email jeanette@elbowlane.com. No refunds or credit will be given for missed days.

If the camp is providing transportation, and your child is going to be absent, please make all attempts possible to contact the driver to notify them to not pick up your child. If unable to contact your driver please make the camp office aware.

Tuition for the days missed for a required quarantine for direct exposure or confirmed cases will be credited to next summer, for up to one week, assuming proper communication has been made. Vaccination status currently dictates the length of quarantine.

DAILY ROUTINE

LINE-UP

On occasion the camp day will begin with an all-camp flag raising and announcements.

SWIMMING

Campers at Elbow Lane Day Camp swim twice per day. Morning swim will be an instructor-led period working to improve upon camper's swim skills and confidence in the water. Recreational swim will be in the afternoon. Junior and Inter Camp counselors will be in the pool during swim periods.

Non-swimmers or beginners may be afraid of the water or concerned about failing. Our approach is based on encouragement and motivation to create a sense of security and the self-assurance needed for the camper to succeed. Personal floatation devices are not used at Elbow Lane Day Camp as shallow areas allow for campers to stand in the pool. Our youngest campers are assigned to a pool with a 2 ½ feet shallow end.

Elbow Lane uses swim bands to identify campers who have passed our deep-water test. Earning a Deep-Water Band requires campers to show proficiency swimming in deep water, along with floating on their back and treading water. To ensure safety at our pools, campers must wear their band at all pool activities. We encourage wearing the bands throughout the camp day.

NO CHILD IS FORCED TO SWIM OR TAKE A TEST!! Parents are urged to contact the camp if you feel your child is having a problem.

FOOD AND DRINK

Campers should have a substantial breakfast **before** arriving at camp each morning.

For lunch, disposable bags are preferred. All lunches MUST BE CLEARLY LABELED with camper name and bunk.

Elbow Lane provides lunch as follows:

- Wednesday is Cookout Day – the best hot dogs and hamburgers on the planet! (according to Bob)
- Friday is Pizza Day!
- Check the Camp Calendar for the occasional Walking-Taco Tuesday!

You will be notified of any changes. You may send in alternatives to Elbow Lane lunch/snack any time.

Food Allergies: When your child's counselor calls, you will be informed if a camper in your child's group has a peanut or tree nut allergy. You will be asked to identify a lunch bag that contains peanuts or nuts. Please mark, or put tape on the bag, with a large "P". This procedure will help our counselors seat the children in an arrangement that will minimize any exposure to a potential health risk. Please understand that we are not asking you to read every ingredient on every item, simply identify the obvious foods that contain peanuts and nuts (foods such as peanut butter sandwiches, cookies, crackers, etc.). Other food allergies should be discussed with your child's counselor during the parent/counselor phone call. **REMINDE YOUR CHILDREN NOT TO SHARE THEIR FOOD.** Your cooperation in this is greatly appreciated!

Daily snack is provided for campers. We will offer items such as fresh fruit, goldfish, pretzel, popsicles, ice cream and more! Water and juice will also be available.

Reusable LABELED water bottles are highly recommended. Please make certain that drink containers, which need to be returned home, are clearly labeled with the camper's name.

DISMISSAL PROCEDURES

EARLY PICK-UP

If you would like to pick your camper up early for any reason, please email jeanette@elbowlane.com before 9am, with your expected arrival time. **All early pick-ups must be completed before 2:45pm.** If someone other than a parent is picking up, that person must be listed on your Camper Pick-Up Authorization and have their Photo ID available.

When you arrive:

- Enter the main driveway, park in the Visitor's Parking area and walk to the red gravel path.
- Stop at the sign and call the office.
- Wait at the bench until your camper arrives.

A camper will only be released to those listed on the authorization - Photo ID is required!

The same instructions apply when the Camp Nurse/Director requests an early pick-up.

3/4 DAY PROGRAM DISMISSAL

Parents of children in the 3/4-day program should arrive at 1:40 PM:

- Enter the main driveway, park in the Visitor's Parking area and walk to the red gravel path.
- Stop at the sign and call the office.
- Wait at the bench until your camper arrives with a counselor.

REGULAR DISMISSAL/PARENT PICK-UP

The driveways will be blocked and closed until 3:30pm. **The gravel driveway opens at 3:30pm for a 3:40 dismissal.** Please do not arrive before that time or you will be required to drive around the neighborhood until 3:30pm. DO NOT pullover onto the side of Elbow Lane, neighbors will call the police if someone blocks traffic on Elbow Lane.

Road staff will not direct traffic, they are there to point to the driveway in use, either the gravel driveway or main driveway. Please use defensive driving techniques when entering the property.

Vehicles need to display camper(s) name card. Name cards will be mailed prior to camp. They are color-coded by Camp (Junior, Inter, Senior, Upper), to help staff identify where your child is located. Contact the office for additional name cards. It is difficult for staff to see the dashboard tag when it is lying on the dashboard, we suggest clipping it to your visor for easier viewing. **For those without the Elbow Lane tag, photo identification will be required.**

Drivers stay in your vehicle and stay in the car line. Please do not call to your child as you enter. See [map](#) for visual guidance.

- Seniors and Uppers, grades 4-8, will be picked up at the Upper Pavilion.
- Inter Camp, grades 2-3, will be picked up at our 'Inter Inn'.
- Junior Camp, preschool-1st grade, proceed into the pick-up circle.
- Full-time CIT's working with Junior and Inter Campers will be picked up at their respective areas.

If you do not have a Junior camper, you may exit as directed after the Inter Inn.

Staff will facilitate safely merging traffic patterns.

The 'overflow' area on the map, marked with yellow arrows, will be utilized if traffic begins to back up onto Elbow Lane.

Please be patient with us and your fellow chauffeurs. Follow signage and directions of staff.

Gravel driveway and Main Gate close at 4:00pm.

PM EXTENDED HOURS

PM Extended Hours will end at 5:30pm.

Campers utilizing our PM Extended Hours will be signed out at the table in the small circle near the gate. Please park in the Visitor's Parking area and follow the red gravel path. Staff will sign out the departing camper. **A camper will only be released to those listed on the pick-up authorization - Photo ID is required!**

Camp closes at 5:30 pm sharp. If your child is not picked up by this time, you will be charged a late fee. Late fees are \$30 per 15-minute increment.

RAINY DAY

Camp policy is to provide as complete a program as possible on rainy days. We do have plenty of indoor/pavilion space to safely absorb a few showers or quick afternoon storm. Consider keeping your camper home when a full day of rain is forecast.

Children should bring rain gear on rainy or rain-threatened days. We will have our usual Rainy-Day schedules available to keep our campers active and stimulated. It is our philosophy that movement on a rainy day is better than confining campers in one building for an entire day. A change of clothing is suggested when heavy rain is anticipated.

At dismissal, the gravel driveway will be open at 3:20 pm on rainy days. There will be a modified rainy-day pick-up routine for Junior Camp. Dismissal to cars will take place from the school building in lieu of the Junior Camp pick-up circle. All other camps will dismiss from usual locations. Please be patient and follow directions of the staff.

COMMUNICATION

PRE-SEASON COUNSELOR PHONE CALL

ALL Junior Camp families (Pre-School, Kindergarten, First Grade) will receive a counselor phone call. For campers entering 2nd grade and older, you will only receive a pre-season phone call from the counselor if you requested a call on the Registration Agreement that you completed previously.

Counselors receive their bunk lists at our Staff Training Event on June 11. You can expect to receive a call no later than Thursday June 16. Please note: Counselor Call will come from an unknown/blocked phone number. Counselors will not share their phone number with camp families. All follow-up communication can be done directly through the camp office.

COVID-19 COMMUNICATION

It is of the utmost importance that open lines of communication exist between camp and parents, and between parents and camp. Email Bob (Owner/Director), Adrian (Program Director), Jeanette (Office) or Jodi (Transportation/Office) at any time. The appropriate staff member will reply as soon as possible.

Please email AND call the office immediately if any of the following occur:

- **Your camper is directly exposed to someone who has a known case of Covid-19 (that could be a friend, family member, neighbor, anyone!) DO NOT send your child to camp.**
- **Your camper has obvious symptoms of Covid-19, DO NOT send your child to camp.**
- **Your camper has a confirmed case Covid-19, DO NOT send your child to camp!**

Vaccination status currently drives quarantine and masking requirements in the above instances, as per CDC Guidance. **We recommend that all eligible campers receive their COVID-19 vaccinations.**

Tuition for the days missed for a required quarantine for direct exposure or confirmed cases will be credited to next summer, for up to one week, assuming proper communication has been made. Vaccination status current dictates the length of quarantine.

In the event a camper or counselor in your child's group has been diagnosed with Covid-19, we will notify close contacts immediately. Current CDC Guidance will be followed in terms of quarantine and masking requirements.

Please consider using the at home Rapid Covid-19 tests that are available if your camper is exhibiting Covid-19 symptoms.

OTHER COMMUNICATION

Parents are requested to carefully read all information provided during the camp season. For regular updates and information, check our website at www.elbowlane.com.

The following is public access information that you should check frequently:

- **Camp Calendar/Daily Schedule** - gives a brief description and dates of Special Events and daily activities for all groups.
- **Permission Slips for off-campus trips**
- **Special Announcements and Camp Forms**
- **Elbow Lane Facebook** page for daily camp photos
- **Instagram link:** <https://www.instagram.com/elbowlanedaycamp/>

The following information is not available for public access but can be accessed as follows:

- **Photos and videos of activities throughout the summer** available on camp's Google Drive.
 - Simply type bit.ly/elbowlane22 into your browser.
- **Camp Parent Notifications** – text messages will occasionally be sent directly to the primary account holders' phone to inform you of items that might affect your camper (e.g. wear camp shirt, picture day, rainy day forecasted)
- **Friday Flyer** – emailed every Friday afternoon. Contains details of the activities during the current camp week and reminders for the upcoming week.

HEALTH AND WELFARE

Please contact us if you have any questions relating to the procedures and policies that we have adopted to keep our campers and staff as safe as possible.

PERSONAL HYGIENE

Counselors will instruct and supervise campers in proper handwashing and hand sanitizing techniques. Handwashing/Hand Sanitizing will occur frequently throughout the day, including before and after lunch. We ask for your support in continuing to practice proper handwashing at home.

CLEANING

Our group counselors and specialists will be trained to incorporate sanitizing practices within their work area or group. Staff provide frequent cleanings of highly touched surfaces, such as doorknobs, bathrooms and pavilion areas.

CAMPER ADJUSTMENT

Your camper may require an adjustment period. If you feel your child is encountering problems at camp, CONTACT THE CAMP DIRECTORS IMMEDIATELY! Please DO NOT WAIT until the end of the summer to let us know that your child had an issue at camp. We do our best when we are informed of your concerns and are given the opportunity to address them. Your responses to camper questions in the Camper Data portion of our Registration Agreement are shared with counselors. Thank you to those who provided thoughtful responses.

TICKS

We make an effort to check the children as part of our regular routine. However, those little critters can hide pretty well, and we strongly suggest you keep your eyes open too. We also suggest dressing children in light colored clothing. It will make it easier to spot a wandering tick. We partnered with Ivy Oaks Analytics for a spraying program to minimize our campers' exposure to ticks, mosquitos, and poison ivy. This 4-step program was developed specifically for camps, using organic materials applied by professionals.

TICKS AND LICE PREVENTION

We spray our helmets and van/bus upholstery with an all-natural, non-toxic tick and lice repellent. This will help keep our Elbow Lane campers pest-free! The liquid spray contains cinnamon and spearmint oils, so you may notice a sweet fragrance emanating from your camper on days when they have worn a helmet! These steps have been very helpful in the recent past, as we have been able to avoid lice issues. If a parent discovers lice on their child, please contact the camp office immediately. Alternatively, in the event a camper is seen by the nurse and lice is diagnosed, the camp nurse will contact the parents with treatment options.

SUNSCREEN

Please apply sunscreen **prior** to the camp day. Campers will be reminded to apply sunscreen after both morning and afternoon swims. Counselors will assist in application, as necessary. We also recommend UV protective swim shirts.

JR CAMP POTTY TRAINING POLICY

Campers must be potty-trained prior to the camp season. Counselors will remind campers to use the bathroom at swim time and frequently throughout the day. We encourage independence in all aspects of toileting, and urge the parents to do so as well. If a camper has two "accidents" in a day, the parents will be called to remove the camper for the day. More than three "accidents" will require parents to keep the child home until successfully potty-trained.

INCIDENT REPORT

In the event of an injury, phone contact with parents/guardians is established. This process is initiated by the Nurse and/or Director. Since Elbow Lane Day Camp has no way of determining what each person considers an emergency, the general camp practice is to contact parents when there is concern about a campers health or conduct.

MASKS

Protecting our campers and staff is our prime directive. We are fully committed to providing the safest possible environment at Elbow Lane Day Camp. Masks are optional for the 2022 Camp Season, except in the event of a positive COVID test or exposure, Elbow Lane Day Camp will follow CDC Guidance as it pertains to masking.

We will keep a close eye on data throughout the summer and will continue to review CDC and Regional Health Department Guidance. Any adjustments to our policies will be communicated to families.

CAMP NURSE

The primary duty of the camp nurse is to maintain the health and safety of all our campers and staff. If the Camp Nurse observes any concerning illness or injury, she will reach out to the Primary Contact and/or Emergency Contact on file and may request the camper to be picked up.

Camper's Health Forms are reviewed by the Camp Nurse. Please make certain that any health issue, of which we should be aware, is listed on the form. The nurse will be available for consultation by appointment. You may speak to the nurse during the camp day by calling the office. If the camp is expected to administer prescription medication, or other medication on a regular basis, we must be provided with written instructions by a physician. Print and return our [Medication Dispensing Form](#), also available on our website. Medication may be dropped off at the office prior to camp or be sent in with the camper on their first day.

ADDITIONAL INFORMATION

GUESTS/VISITORS

Guests/visitors are not permitted on camp grounds. Medical and liability regulations dictate this policy.

GROUPING

When placing campers into a bunk, we attempt to group children who have been together from year to year and try to honor friend requests listed on the Pre-Registration Form.

INSURANCE

Camp carries a self-insured, secondary, medical insurance policy. All medical claims **must** be submitted to the camper's primary carrier before camp policy becomes effective.

TIPPING

Tipping has been a long-standing tradition in most camps. If you feel your child developed a special relationship with a counselor, driver, or specialist, it is appropriate to offer such a gift at the end of the season. Tipping is optional and is based purely on the parents' desire to do so.

PETS

No pets or animals should be brought to the camp.

WEAPONS

Any item that could be used as a weapon is not permitted on the camp grounds. These items include, but are not limited to knives, fireworks, BB or pellet guns, martial arts weapons and firearms. Anyone who brings these items to camp will have the item confiscated and parents will be called for immediate camper pick-up.

ALCOHOL/CONTROLLED SUBSTANCES

Alcohol or controlled substances are not allowed on camp property. Anyone found with these substances will have them confiscated and parents will be called for immediate camper pick-up. All prescription and over-the-counter medications must be kept in the nurse's office.

OTHER PROGRAMS AT ELBOW LANE

SMALL GROUP AND PRIVATE SWIM LESSONS - Our Swim Instructors will be available to provide instruction Monday through Thursday after the camp day. The lesson will be 30 minutes in length, and parents can select the day(s) that are best suited to their schedule. Lesson fee must be prepaid.

Private Lessons

\$50.00 for 30-minute session

Group Lessons (2-3 per group)

\$40 each for 30-min session

TENNIS LESSONS – can be arranged with our Tennis Pro, Luis Ponce.

Private Lessons

\$50 for 1 hour

\$30 for ½ hour

Semi-Private (1 hour)

\$30 each - 2 players

\$24 each - 3 players

\$21 each - 4 players

For more information or to enroll in either program, contact the camp office (215-343-2120).

ELBOW LANE SCHOOL – We are a Keystone Star 4 facility licensed by both the Department of Human Services and Department of Education.

- **PRESCHOOL** for children 3 - 5 years old. Three- and five-day programs are available, Sept. through June.
- **CHILD CARE** for Infants (starting at 6 weeks), Toddlers, and Pre-Schoolers.
- **FULL DAY and HALF DAY KINDERGARTEN ENRICHMENT** program available. Transportation provided.

For more information or to enroll, call Lisa Puchalski, School Director (215-343-2124)

ELBOW LANE TEAMBUILDING & PICNICS – Corporate, School, and Community Teambuilding Programs for all ages, as well as Family Picnics and Birthday Parties! Contact Christian@elbowlane.com

Visit our website for more information at www.elbowlane.com