

# ELBOW LANE DAY CAMP



## 2021 PARENT GUIDE



**Elbow Lane Day Camp**  
828 Elbow Lane  
Warrington, PA 18976  
(215) 343-2120

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[camp@elbowlane.com](mailto:camp@elbowlane.com)  
[www.elbowlane.com](http://www.elbowlane.com)

## ELBOW LANE DAY CAMP

Elbow Lane Day Camp is a traditional day camp that provides a wide variety of activities for children 3 to 14 years old. Elbow Lane welcomes children of all religious and ethnic backgrounds. The facility is a large 27-acre site that is second to none. Each field, court and pool is well-suited to the age and ability of our campers. Our program is active, with an emphasis on developing a positive self-image and having lots of fun. By designing an athletic program that meets each camper's interest and ability level, we can challenge our campers to do their best and, by success, see their confidence grow. Our creative and performing arts program enriches each camper's experience, and weekly special events are always popular as they add fresh, creative activity to our schedule.

## ELBOW LANE DAY CAMP MISSION STATEMENT

Elbow Lane Day Camp's mission is to provide an enriching, exciting and challenging summer program in a safe, comfortable environment. All campers will have the opportunity to experience success and build their confidence, while making new friends and having fun.

The successful completion of this mission is the sole responsibility of the Directors, Head Counselors, Group and Specialty Counselors, and will be accomplished by:

- Creating a warm, comfortable, and safe environment in each group and at every activity, promoting teamwork and respect for each camper and staff member.
- Providing for individual differences in experience and ability with an emphasis on success and building confidence.
- Incorporating opportunities for fun into each activity.

Although each staff member will utilize their own strengths and creative talents in order to meet the challenge of fulfilling their mission, it is teamwork and cooperation which will facilitate Elbow Lane Day Camp's goal of continuing as the BEST camp in the area.

The Elbow Lane mission statement is a broad statement of the camp's philosophy. The Elbow Lane mission is intended to help campers achieve the following goals:

- Build self-confidence by experiencing success in a wide variety of camp activities.
- Develop social skills that will help them interact, relate, and respect others.
- Become more self-reliant as they make decisions about their camp program.
- Learn to work cooperatively as a member of a team.
- Enjoy being involved in outdoor activities while learning to respect their natural environment.
- **Have fun!**

## KEY STAFF

### Office Staff:

Manager/Accounts	Jeanette Himpele	<a href="mailto:jeanette@elbowlane.com">jeanette@elbowlane.com</a>
Transportation/Office	Jodi Entenberg	<a href="mailto:jodi@elbowlane.com">jodi@elbowlane.com</a>

**Nurse:** Caroline Dennin

**AM Extended Hours:** Randi Copman

**PM Extended Hours:** Sharon Crimian

### Head Counselors:

Junior Camp:	Ellen Klocek	Minors (preschool) Majors (K and 1 <sup>st</sup> grade)
Intermediate Camp:	Widge Hazell	2 <sup>nd</sup> and 3 <sup>rd</sup> grades
Senior Camp:	Sam Smith	4 <sup>th</sup> , 5 <sup>th</sup> and 6 <sup>th</sup> grades
Upper Camp:	Skip Mason	7 <sup>th</sup> , 8 <sup>th</sup> and 9 <sup>th</sup> grades
Specialists:	Martha Fowler	
Support:	Jessica Klein	
STEM:	Doug Bauer	

**Program Director:** Adrian Hazell [adrian@elbowlane.com](mailto:adrian@elbowlane.com)

**Owner/Director:** Bob Lester [bob@elbowlane.com](mailto:bob@elbowlane.com)

**Assistant to Director:** Christian Lester [christian@elbowlane.com](mailto:christian@elbowlane.com)

## PARENT GUIDE

Covid-19 guidance from the CDC, American Camp Association Field Guide, and the Bucks County Dept of Health has required us to re-evaluate and re-write every procedure, policy, and program. Our full Parent Guide now reflects these new plans for 2021. We are fully committed to providing the safest possible environment for our campers and staff to flourish and have fun at Elbow Lane. Everything we do at camp will be in the best interest of your camper and our staff, but there is still risk involved. Your home life is an extension of Elbow Lane, and all campers and staff become part of your extended family. We need to work together to prevent the virus from entering our camp environment. Thank you in advance for doing your part, we will do ours to the best of our ability!

The following information is presented to provide you with answers to many questions that you may have, as your child prepares to attend Elbow Lane Day Camp. While it is virtually impossible to cover every situation, the necessary procedures for camp preparation are carefully explained in the Parent Guide. Further information can be obtained by calling the camp office, 215-343-2120. We hope that you will familiarize yourself with the details of this guide. **PLEASE RETAIN FOR FUTURE REFERENCE!**

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## REQUIREMENTS

**Forms** – also available under PARENT AREA at [www.elbowlane.com](http://www.elbowlane.com)

- [Medication Dispensing Form](#) - must be printed and returned if your child requires prescription medication during the camp day
- [Daily Health Screening Checklist](#) – begin two weeks prior to camper’s first day of camp and continue daily throughout the camp season.

**Tuition** – Final payment is now due

**Enrollment** – changes can be emailed to [jeanette@elbowlane.com](mailto:jeanette@elbowlane.com)

- 4-week minimum enrollment for campers
- Minicamp does not count towards 4-week minimum
- To participate in any camp activity, event or ‘Special Event’, a camper must be enrolled for that particular week
- Extension of enrollment may be available if space permits

## CAMP PREPARATIONS

### MARK YOUR CALENDAR

**2021 Camp Season: Monday June 21 – Friday August 13**

Camp Hours 9:30 AM – 3:40 PM

Extended Hours Available 7 AM – 5:30 PM

- July 5th: Camp closed in observance of Independence Day
- July 13th - **Picture Day** for Intermediate, Senior and Upper Campers
  - Camp shirts should be worn for pictures.
- July 14th - **Picture Day** for Junior Campers and Siblings
  - Camp shirts should be worn for pictures.

### DAILY HEALTH SCREENING

**Staff and campers are asked to begin pre-screening for a two-week period prior to their first camp day and continue daily throughout the entire duration of camp.** Please utilize the [Daily Health Screening Checklist](#) each day.

If your camper has been in close contact to a positive COVID-19 case, been diagnosed themselves or awaiting a COVID test result, DO NOT send your camper to camp. We also ask if your camper has developed a cough, fever, shortness of breath/trouble breathing or new loss of sense of taste/smell to refrain from attending camp

Also, please keep your camper at home if they are exhibiting two or more of the symptoms in Part 2 of the Daily Health Screening: sore throat, unusual fatigue, nausea (sick to stomach), runny nose or nasal congestion, headache, muscle or body ache, rash.

The camp nurse may require a doctor's written consent stating your camper is clear to return to camp.

**Call the office or email [jeanette@elbowlane.com](mailto:jeanette@elbowlane.com) with the health reason you are keeping your child at home.**

## WHAT TO BRING TO CAMP

PLEASE LABEL EVERYTHING!

The following items should be brought to camp each day:

- Camp bag for essentials (see CAMP BAGS below)
- Bathing Suit, **wear it under clothes to camp**
- Change of Clothes/Undergarment for after swim
- Reusable water bottle
- Sunscreen (also apply before camp)
- Plastic bag for wet swimsuits
- 1 or 2 towels
- Flip-flops (or aqua shoes to wear to the pool)
- Lunch and drink

Suggested/Optional items:

- Hat
- Additional Swimsuit
- Gaga glove (batting glove)
- Additional sunscreen to be left at camp

Minors (Preschool Only)

- NAPPERS: Bring a freshly laundered blanket on Mondays, in a clean plastic or paper bag. They will be returned on Fridays for laundering. Guidance recommends no soft toys or stuffed animals.
- VELCRO SNEAKERS are recommended, as they speed the changing process before and after swim.

All Junior Campers (Preschool-1st grade)

- Extra set of LABELED clothing in a plastic bag. This will remain in their cubby at camp for the duration of their enrollment.

## CLOTHING

Elbow Lane Day Camp is not a uniform camp, although we do provide a camp t-shirt for every camper. We recommend comfortable and casual clothes. Please keep in mind when dressing your child that camp is an active place, and active campers are hard on their clothes. Campers must wear their bathing suit under their clothes to camp and bring dry clothes for after swim. Sneakers or sturdy closed-toe shoes, such as Keen sandals, are required at camp. Flip flops/sandals/aqua shoes should only be worn to the pool area. Make certain that your camper is dressed for forecasted weather conditions of the day.

**Campers, please show your camp spirit and wear your camp shirt every Friday!**

Additional camp gear is available for purchase through our [online store](#). **Purchases must be made by May 24<sup>th</sup>** and will be delivered the week of June 14<sup>th</sup>. Home or camp delivery available.



## CAMP BAG

Few personal items should travel between home and Elbow Lane. Backpacks are necessary for campers to transport necessary items each day. Best practice is to eliminate or minimize items brought to camp.

**NAME TAGS SHOULD BE ON EVERYTHING!**

## WHAT NOT TO BRING

**Personal Items** - Please do not bring personal items such as sports equipment, camera, cell phones, etc. to camp! Concern over virus spread dictates this policy. Elbow Lane supplies all camp equipment needed for the daily camp program and will sanitize as necessary to maintain the safety of our campers and staff. The camp is not responsible for the loss or damage of any personal property brought to camp.

**Cell Phones** - We urge you to consider **NOT sending your camper to camp with a cell phone**. Campers are not permitted to make/receive phone calls or send/receive texts at camp. Policy dictates campers may not carry cell phones during the camp day.

## MINICAMP

Minicamps provide camp-oriented programs, including swim, for working parents who need care for their children the week prior to camp (June 14th-18th), and the week after camp (August 16th-20th). Enrollment is limited, contact the office for availability.

Please note there is **no camp transportation or Cookout/pizza provided during Minicamp weeks, however snack will be provided.**

For camper pick-up between 3:30-4:00p please use the main driveway to the pickup circle. Have your camper dashboard tag displayed. All other arrival and departure procedures are the same as published.

All other published policies and procedures are in force during Minicamps.

## ARRIVAL PROCEDURES

### VEHICLES ENTERING CAMP

**Please observe posted speed limits as neighbors have complained about speeding on Elbow Lane and on other local roads.** As a reminder, speed limit is 5 mph on campus. The driver and all passengers must wear a mask upon entering camp.

**Drivers enter the main driveway, stay inside the vehicle and ALL campers should exit the vehicle on the passenger side.**

**No texting or cell phone usage while in line.** Parents should not make or receive phone calls during drop-off/pick-up.

## SEAT BELTS

Most campers will be expected to unbuckle at drop off and buckle up at pick up, without assistance. Pre-schoolers and some Kindergarteners may require help with both procedures. Assuming they are still in a car seat or booster please place their seat nearest the passenger-side door.

## AM EXTENDED ARRIVAL

AM Extended will begin at 7:00am, campers will be divided by their cohort during this time. Please make sure your camper has finished their breakfast before arriving at camp.

When a camper arrives at camp, drivers stay in the vehicle and confirm with a Greeter that the daily health screening was performed before arriving at camp. If cleared, Greeter will open the passenger side door. Upon exiting the vehicle, campers will be provided with hand sanitizer.

- If the daily health screening has not been performed your camper should not be at camp.
- If the Greeter observes the presence of any concerning symptom you may be directed for screening to our Nurse's station for further evaluation by our Nurse/Director/Head Counselor on duty.
  - If cleared, the camper will sanitize hands and join their group.
  - **If a child is not cleared, they will be required to return home.** To be admitted back into Elbow Lane, the camp nurse may require a doctor's written consent stating the camper is cleared to return to camp.

## CAMP ARRIVAL (REGULAR DAY)

**Arrivals before 9am will not be permitted unless camper is signed up for AM extended hours.**

Staggered arrivals to help minimize congestion at the drop off area.

- 9:00 - 9:15 - campers with the last name beginning A-K
- 9:15 - 9:30 – campers with the last name beginning L-Z

We will allow some flexibility based on individual situations.

When a camper arrives at camp, **drivers stay in the vehicle** and confirm with a Greeter that the daily health screening was performed before arriving at camp. If cleared, Greeter will open the passenger side door. Upon exiting the vehicle, campers will be provided with hand sanitizer.

- If the daily health screening has not been performed your camper should not be at camp.
- If the Greeter observes the presence of any concerning symptom you may be directed for screening to our Nurse's station for further evaluation by our Nurse.
  - If cleared, the camper will sanitize hands and join their group.
  - **If a child is not cleared, they will be required to return home.** To be admitted back into Elbow Lane, the camp nurse may require a doctor's written consent stating the camper is cleared to return to camp.

**Road staff will not direct traffic, they are there to point to the driveway in use. Please use defensive driving techniques when entering the property.**

## CAMP TRANSPORTATION

We will require children ages 4 through 7 to sit in a booster seat when riding in a camp van. To minimize the inconvenience for parents, Elbow Lane has purchased booster seats for all children in this age range. Campers entering Kindergarten or older, who will be riding in a mini-school bus, are not required to sit in a booster seat, as school buses are exempt from this regulation. However, they will be buckled in seatbelts provided in the bus. Preschool age children will be assigned a camp van, parents must provide a car seat.

Driving assignments are distributed to staff on Saturday, June 12th. Drivers will make every effort to contact each parent before Wednesday, June 16th. If you have not been contacted by Thursday, June 17th, call the office at (215) 343-2120. Please understand that it takes several days to establish the most efficient pick-up/drop-off routines—delays may occur.

Parents should notify the driver and the camp office when a child is expected to be absent. The parents should also contact the driver to remind him/her to pick up the camper when he/she is ready to return to camp after an absence.

Please have your child ready for morning pick-up, as our drivers may not leave their vehicles to knock on your door. In the afternoon, someone must be present when your camper arrives home. The driver will not leave the camper at home without an adult present, unless you gave authorization on the Registration Agreement.

Our drivers are reminded to drive safely. If you should observe them disobeying any traffic regulations, please contact the camp office.

Requests for changes in pick-up or drop-off locations must be in writing and forwarded to the camp office for approval. We can only honor requests if there is room in the vehicle on the route requested.

If you plan on picking up your child at camp, please notify the driver and camp office in advance. Follow the procedures in the section for parent pick-up.

Everyone on camp transportation will be required to wear masks. The driver will ask if daily health screening was performed prior to your camper boarding the vehicle. If your camper is getting on the van/bus, we will assume that they passed the at-home daily health screening.

Upon arrival to Elbow Lane, camp transportation campers will receive hand sanitizer before joining their groups.

If a camper is showing any physical symptoms the nurse will evaluate your camper. If camper does not pass the nurse screening, you will be required to pick up your camper at Elbow Lane immediately. To be admitted back into Elbow Lane, the camp nurse may require a doctor's written consent stating the camper is cleared to return to camp.

Vans and buses will be sanitized every morning, after arriving at camp, and every afternoon, after children have been dropped off at home.

## LATE ARRIVAL

The front gate will close promptly at 9:30 am. Please make every effort to arrive prior to 9:30am.

If you are running late and arrive after 9:30:

- Park in the Visitor's Parking area, put on a mask, walk to the red gravel path and stop at the sign.
- Call the office per instructions on the sign.
- Wait at the bench until staff arrives to confirm your camper's daily health screening was performed.

If cleared, your camper's hands will be sanitized, and staff will escort them to their group. The parent/driver will return to their car.

If the camper must go to the nurse for further screening, the parent must wait until additional screening is complete.

## ABSENCES

**If a child is to be absent at any time, please contact the camp office prior to the camp day.** No refunds or credit will be given for missed days.

If the camp is providing transportation, and your child is going to be absent, please make all attempts possible to contact the driver to notify them to not pick up your child. If unable to contact your driver please make the camp office aware.

## DAILY ROUTINE

### LINE-UP

We are working on a physically distanced version of line-up and flag. Allowing for campers to enjoy music, flag raising, announcements and Skip's (stinky) joke of the day.

### SWIMMING

Campers at Elbow Lane Day Camp swim twice per day. Morning swim will be structured swimming activities guided by our swim instructors. Recreational swim will be in the afternoon. Junior and Inter Camp counselors will be in the pool during swim periods.

Non-swimmers or beginners may be afraid of the water or concerned about failing, our approach is based on encouragement and motivation to create a sense of security and the self-assurance needed for the camper to succeed. Personal floatation devices are not used at Elbow Lane Day Camp as shallow areas allow for campers to stand in the pool. Our youngest campers are assigned to a pool with a 2 ½ feet shallow end.

Elbow Lane uses swim bands to identify campers who have passed our deep-water test. To ensure safety at our pools, campers must wear their band at all pool activities. We encourage wearing the bands throughout the camp day.

**NO CHILD IS FORCED TO SWIM OR TAKE A TEST!!** Parents are urged to contact the camp if you feel your child is having a problem.

## FOOD AND DRINK

Campers should have a substantial breakfast **before** arriving at camp each morning.

**For lunch disposable bags are required, and uneaten food will be thrown away.** No food or storage items will be returned home at the end of the camp day. Paper bags should be CLEARLY MARKED with the camper's name and group.

Elbow Lane provides lunch as follows:

- Wednesday is Cookout Day – the best hot dogs and hamburgers on the planet! (according to Bob)
- Friday is Pizza Day!
- Check the Camp Calendar for a few scheduled Walking-Taco Tuesdays!

You will be notified of any changes. You may send in alternatives to Elbow Lane lunch/snack any time.

**Food Allergies:** When your child's counselor calls, you will be informed if a camper in your child's group has a peanut or tree nut allergy. You will be asked to identify a lunch bag that contains peanuts or nuts. Please mark, or put tape on the bag, with a large "P". This procedure will help our counselors seat the children in an arrangement that will minimize any exposure to a potential health risk. Please understand that we are not asking you to read every ingredient on every item, simply identify the obvious foods that contain peanuts and nuts (foods such as peanut butter sandwiches, cookies, crackers, etc.). Other food allergies should be discussed with your child's counselor during the parent/counselor phone call. REMIND YOUR CHILDREN NOT TO SHARE THEIR FOOD. Your cooperation in this is greatly appreciated!

Daily snack is provided for campers. We will offer individually packaged snacks, popsicles, or ice cream. Water and juice will be provided as usual.

**Water bottles** are recommended. Please make certain that drink containers, which need to be returned home, are clearly **LABELED** with the camper's name. Please **SANITIZE DAILY**.

## DISMISSAL PROCEDURES

### EARLY PICK-UP

If you would like to pick your camper up early for any reason, please email [jeanette@elbowlane.com](mailto:jeanette@elbowlane.com) before 9am, with your expected arrival time. **All early pick-ups must be completed before 3:00pm.** If someone other than a parent is picking up, that person must be listed on your Camper Pick-Up Authorization and have their Photo ID available.

When you arrive:

- Park in the Visitors' Parking area, put on a mask, and walk to the red gravel path and stop at the sign.
- Call the office per instructions on the sign.
- Wait at the bench until your camper arrives.

**A camper will only be released to those listed on the authorization - Photo ID is required!**

The same instructions apply when the Camp Nurse/Director requests an early pick-up.

### 3/4 DAY PROGRAM DISMISSAL

Parents of children in the 3/4-day program should arrive at 1:40 PM:

- Park in the Visitors' Parking area, put on a mask, and walk to the red gravel path and stop at the sign.
- Call the office per instructions on the sign.
- Wait at the bench until your camper arrives with a counselor.

### REGULAR DISMISSAL/PARENT PICK-UP

Vehicles will be directed to enter the gravel road (not the main driveway, the alternate entrance).

**The gravel driveway opens at 3:30pm for a 3:40 dismissal. We close the gravel driveway at 4:00pm.** On rainy days we tend to open the gravel driveway early.

**Vehicles need to display camper(s) name card.** Name cards will be mailed prior to camp. They are color-coded by Camp (Junior, Inter, Senior, Upper), to help staff identify where your child is located. Contact the office for additional name cards. **For those without the Elbow Lane tag, photo identification will be required.**

Drivers stay in your vehicle and stay in the car line. Please do not call to your child as you enter. See [map](#) for visual guidance.

- Seniors and Uppers, grades 4-8, will be picked up at the Upper Pavilion.
- Inter Camp, grades 2-3, will be picked up at our 'Inter Inn'.
- Junior Camp, preschool-1<sup>st</sup> grade, proceed into the pick-up circle.

If you do not have a Junior camper you may exit as directed after the Inter Inn. Staff will be at the 'Martha Merge' to facilitate safely merging traffic patterns.

The 'overflow' area on the map, marked with yellow arrows, will be utilized if traffic begins to back up onto Elbow Lane.

Please be patient with us and your fellow chauffeurs. Follow signage and directions of staff.

**Road staff will not direct traffic, they are there to point to the driveway in use. Please use defensive driving techniques when entering the property.**

### PM EXTENDED HOURS

**PM Extended Hours will end at 5:30pm.**

Campers utilizing our PM Extended Hours will be signed out at the table in the small circle near the gate, to minimize visitor contact with camp. Please park in the Visitor's Lot, wear a mask, and follow the red gravel path. Staff will sign out the departing camper. **A camper will only be released to those listed on the pick-up authorization - Photo ID is required!**

Camp closes at 5:30 pm sharp. If your child is not picked up by this time, you will be charged a late fee. Late fees are \$30 per 15-minute increment.

## RAINY DAY

Camp policy is to provide as complete a program as possible on rainy days. We do have plenty of indoor/pavilion space to safely absorb a few showers or quick afternoon storm. Even with lower numbers of campers per group, programming cohorts during a full day of rain will be a challenge.

**Consider keeping your camper home when a full day of rain is forecast.**

Children should bring rain gear on rainy or rain-threatened days. We will have our usual Rainy-Day schedules available to keep our campers active and stimulated.

At dismissal, the gravel driveway will be open around 3:20 pm on rainy days. There will be a modified rainy-day pick-up routine for Junior Camp. Dismissal to cars will take place from the school building in lieu of the Junior Camp pick-up circle. All other camps will dismiss from usual locations. Please be patient and follow directions of the staff.

## COMMUNICATION

### COVID-19 COMMUNICATION

It is of the utmost importance that open lines of communication exist between camp and parents, and between parents and camp. Email Bob (Owner/Director), Adrian (Program Director), Jeanette (Office) or Jodi (Transportation/Office) at any time. The appropriate staff member will reply as soon as possible.

**Please email AND call the office immediately if any of the following occur:**

- **Your camper is directly exposed to someone who has a known case of Covid-19 (that could be a friend, family member, neighbor, anyone!) DO NOT send your child to camp.** We will contact you for more information and further guidance. A negative test may be required to return to camp.
- **Your camper has obvious symptoms of Covid-19, DO NOT bring your child to camp.** We will contact you for more information and further guidance.
- **Your camper has a confirmed case Covid-19, DO NOT bring your child to camp!** We will contact you for details and inform the Bucks County Department of Health for contact tracing. Policy dictates that you must quarantine at home and a negative test must be provided in order to return to camp.

Tuition for the days missed for direct exposure or confirmed cases will be credited to next summer, assuming proper communication has been made.

In the event a camper or counselor in your child's cohort has been diagnosed with Covid-19, we will notify close contacts immediately. Other campers in the cohort may continue to come to camp and will be closely monitored by both the Camp Nurse and group counselors.

In the event a camper or counselor in your child's group has a confirmed case of Covid-19, parents of campers in that group will be emailed and/or called immediately.

Free diagnostic testing for Covid-19 is available locally at urgent cares and pharmacies.

## OTHER COMMUNICATION

Parents are requested to carefully read all information provided during the camp season. For regular updates and information, check our website at [www.elbowlane.com](http://www.elbowlane.com). Click on the appropriate page from the menu on the homepage.

The following is public access information that you should check frequently:

- **Camp Calendar/Daily Schedule** - gives a brief description and dates of Special Events and daily activities for all groups.
- **Permission Slips for off-campus trips – NO TRIPS ARE SCHEDULED AT THIS TIME**
- **Special Announcements and Camp Forms**
- **Elbow Lane Facebook** page for daily camp photos
- **Instagram link:** <https://www.instagram.com/elbowlanedaycamp/>

The following information is not available for public access but can be accessed as follows:

- **Photos and videos of activities throughout the summer** available on Google Drive.
  - Simply type [bit.ly/elbowlane](http://bit.ly/elbowlane) into your browser.
- **Camp Parent Remind Notifications** – text messages sent directly to your phone to inform you of items that might affect your camper (e.g. wear camp shirt picture day, rainy day forecasted)
  - To join, text “@cfbgc” to “81010” on your phone.
- **Friday Flyer** – emailed every Friday afternoon. Contains details of the activities during the current camp week and reminders for the upcoming week.



## **HEALTH AND WELFARE**

Please contact us if you have any questions relating to the procedures and policies that we have adopted to keep our campers and staff as safe as possible.

### **PERSONAL HYGIENE**

Counselors will instruct and supervise campers in proper handwashing and hand sanitizing techniques. Handwashing/Hand Sanitizing will occur frequently throughout the day, including before and after lunch. We ask for your support in continuing to practice proper handwashing at home.

### **CLEANING AND SANITIZING**

Our group counselors and specialists will be trained to incorporate sanitizing practices within their work area or group. Staff provide frequent cleanings of highly touched surfaces, such as doorknobs, bathrooms, play equipment etc. All indoor, bunk and pavilion areas will undergo extensive cleaning each week.

### **CAMPER ADJUSTMENT**

Your camper may require an adjustment period. If you feel your child is encountering problems at camp, CONTACT THE CAMP DIRECTORS IMMEDIATELY! Please DO NOT WAIT until the end of the summer to let us know that your child had an issue at camp. We do our best when we are informed of your concerns and are given the opportunity to address them. Your responses to camper questions in the Camper Data portion of our Registration Agreement are shared with counselors. Thank you to those who provided thoughtful responses.

### **TICKS**

We make an effort to check the children as part of our regular routine. However, those little critters can hide pretty well, and we strongly suggest you keep your eyes open too. We also suggest dressing children in light colored clothing. It will make it easier to spot a wandering tick. We partnered with Ivy Oaks Analytics for a spraying program to minimize our campers' exposure to ticks, mosquitos, and poison ivy. This 4-step program was developed specifically for camps, using organic materials applied by professionals.

### **TICKS AND LICE PREVENTION**

We spray our helmets and van/bus upholstery with an all-natural, non-toxic tick and lice repellent. This will help keep our Elbow Lane campers pest-free! The liquid spray contains cinnamon and spearmint oils, so you may notice a sweet fragrance emanating from your camper on days when they have worn a helmet! These steps have been very helpful in the recent past, as we have been able to avoid lice issues. If a parent discovers lice on their child, please contact the camp office immediately. Alternatively, in the event a camper is seen by the nurse and lice is diagnosed, the camp nurse will contact the parents with treatment options.

## SUNSCREEN

Please apply sunscreen **prior** to the camp day. Campers will be reminded to apply sunscreen after both morning and afternoon swims. Counselors will assist in application, as necessary. We also recommend UV protective swim shirts.

## JR CAMP POTTY TRAINING POLICY

Campers must be potty-trained prior to the camp season. Counselors will remind campers to use the bathroom at swim time and frequently throughout the day. We encourage independence in all aspects of toileting, and urge the parents to do so as well. If a camper has two “accidents” in a day, the parents will be called to remove the camper for the day. More than three “accidents” will require parents to keep the child home until successfully potty-trained.

## INCIDENT REPORT

In the event of an injury, phone contact with parents/guardians is established. This process is initiated by the Nurse and/or Director. Since Elbow Lane Day Camp has no way of determining what each person considers an emergency, the general camp practice is to contact parents when there is concern about a campers health or conduct.

## MASKS

Protecting our campers and staff is our prime directive. We are fully committed to providing the safest possible environment at Elbow Lane Day Camp. Since Elbow Lane Day Camp’s population is mostly elementary-aged children who are unable to be vaccinated at this time, masks are required for all campers and staff with the exception of:

- in pool areas
- during competitive sports
- when outdoors and physically distanced (6+ ft away from another camper/staff)
- while eating

If your camper is unable to medically tolerate a mask, a face shield would be required. A formal waiver, documented by a physician is necessary for a mask exemption.

We will keep a close eye on data over the coming weeks and will continue to review CDC and Health Department Guidance as it pertains to our program. Any adjustments to our policies will be communicated to families.

## CAMP NURSE

Camper’s Health Forms are reviewed by the Camp Nurse. Please make certain that any health issue, of which we should be aware, is listed on the form. The nurse will be available for consultation by appointment. You may speak to the nurse during the camp day by calling the office. If the camp is expected to administer prescription medication, or other medication on a regular basis, we must be provided with written instructions by a physician. Print and return our [Medication Dispensing Form](#), also available on our website. Medication may be dropped off at the office prior to camp or be sent in with the camper on their first day.

## **ADDITIONAL INFORMATION**

### **GUESTS/VISITORS**

Guests/visitors are not permitted on camp grounds. Medical and liability regulations dictate this policy.

### **GROUPING**

When placing campers into a bunk, we attempt to group children who have been together from year to year and try to honor friend requests listed on the Enrollment Form. This year, our group numbers will be lower than typical however, we have made every effort to keep friends together. Groups will be joined in “cohorts” per ACA guidelines. This will allow mixing of campers within the cohort while still following guidance and keeping campers safe.

### **INSURANCE**

Camp carries a self-insured, secondary, medical insurance policy. All medical claims **must** be submitted to the camper’s primary carrier before camp policy becomes effective.

### **VISITING DAY/FAMILY FUN NIGHT**

Visiting Days and Family Fun Night are cancelled for the 2021 Camp Season.

### **TIPPING**

Tipping has been a long-standing tradition in most camps. If you feel your child developed a special relationship with a counselor, driver, or specialist, it is appropriate to offer such a gift at the end of the season. Tipping is optional and is based purely on the parents' desire to do so.

### **PETS**

No pets or animals should be brought to the camp.

### **WEAPONS**

Any item that could be used as a weapon is not permitted on the campgrounds. These items include, but are not limited to knives, fireworks, BB or pellet guns, martial arts weapons and firearms. Anyone who brings these items to camp will have the item confiscated and parents will be called for immediate camper pick-up.

### **ALCOHOL/CONTROLLED SUBSTANCES**

Alcohol or controlled substances are not allowed on camp property. Anyone found with these substances will have them confiscated and parents will be called for immediate camper pick-up. All prescription and over-the-counter medications must be kept in the nurse’s office.

## OTHER PROGRAMS AT ELBOW LANE

**SMALL GROUP AND PRIVATE SWIM LESSONS** - Our Swim Instructors will be available to provide instruction Monday through Thursday after the camp day.

The lesson will be 30 minutes in length, and parents can select the day(s) that are best suited to their schedule. Lesson fee must be prepaid.

Fees - Private Lessons - \$50.00 / 30-minute session

Group Lessons - \$40.00 / 30-minute session (2-3 in group)

**TENNIS LESSONS** – can be arranged with our Tennis Pro, Luis Ponce.

For more information or to enroll in either program, contact the camp office (215-343-2120).

**ELBOW LANE SCHOOL** – We are a Keystone Star 4 facility licensed by both the Department of Human Services and Department of Education.

- **PRECHOOL** for children 3 - 5 years old.  
Three- and five-day programs are available, Sept. through June.
- **CHILD CARE** for Infants (starting at 6 weeks), Toddlers, and Pre-Schoolers.
- **FULL DAY and HALF DAY KINDERGARTEN ENRICHMENT** program available. Transportation provided.

For more information or to enroll, call Lisa Puchalski, School Director (215-343-2124)

**ELBOW LANE TEAMBUILDING & PICNICS** – Corporate, School, and Community Teambuilding Programs for all ages, as well as Family Picnics and Birthday Parties!

Visit our website for more information at [www.elbowlane.com](http://www.elbowlane.com)