

ELBOW LANE DAY CAMP



2020 PARENT GUIDE



Elbow Lane Day Camp

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www.elbowlane.com

ELBOW LANE DAY CAMP

Elbow Lane Day Camp is a traditional day camp that provides a wide variety of activities for children 3 to 14 years old. Elbow Lane welcomes children of all religious and ethnic backgrounds. The facility is a large 27-acre site that is second to none. Each field, court and pool is well-suited to the age and ability of our campers. Our program is active, with an emphasis on developing a positive self-image and having lots of fun. By designing an athletic program that meets each camper's interest and ability level, we can challenge our campers to do their best and, by success, see their confidence grow. Our creative and performing arts program enriches each camper's experience, and weekly special events are always popular as they add fresh, creative activity to our schedule.

ELBOW LANE DAY CAMP MISSION STATEMENT

Elbow Lane Day Camp's mission is to provide an enriching, exciting and challenging summer program in a safe, comfortable environment. All campers will have the opportunity to experience success and build their confidence, while making new friends and having fun.

The successful completion of this mission is the sole responsibility of the Directors, Head Counselors, Group and Specialty Counselors, and will be accomplished by:

- Creating a warm, comfortable, and safe environment in each group and at every activity, promoting teamwork and respect for each camper and staff member.
- Providing for individual differences in experience and ability with an emphasis on success and building confidence.
- Incorporating opportunities for fun into each activity.

Although each staff member will utilize their own strengths and creative talents in order to meet the challenge of fulfilling their mission, it is teamwork and cooperation which will facilitate Elbow Lane Day Camp's goal of continuing as the BEST camp in the area.

The Elbow Lane mission statement is a broad statement of the camp's philosophy. The Elbow Lane mission is intended to help campers achieve the following goals:

- Build self-confidence by experiencing success in a wide variety of camp activities.
- Develop social skills that will help them interact, relate, and respect others.
- Become more self-reliant as they make decisions about their camp program.
- Learn to work cooperatively as a member of a team.
- Enjoy being involved in outdoor activities while learning to respect their natural environment.
- **Have fun!**

KEY STAFF

Office Staff:

Manager/Accounts	Jeanette Himpele	jeanette@elbowlane.com
Trans/Office	Jodi Entenberg	jodi@elbowlane.com
Office:	Alison Hazell	

Nurse: Caroline Dennin

AM Extended Hours: Randi Copman

PM Extended Hours: Sharon Crimian

Head Counselors:

Junior Camp:	Ellen Klocek	Minors (preschool) Majors (K and 1st grade)
Intermediate Camp:	Widge Hazell	2nd and 3rd grades
Senior Camp:	Sam Smith	4th, 5th and 6th grades
Upper Camp:	Skip Mason	7th grade and CIT's (8th and 9th grades)
Specialists:	Martha Fowler	
Support:	Jessica Klein	
STEM:	Doug Bauer	

Program Director: Adrian Hazell adrian@elbowlane.com

Owner/Director: Bob Lester bob@elbowlane.com

Assistant to Director: Christian Lester christian@elbowlane.com

PARENT GUIDE

This year camp will look just a little different in many ways. Covid-19 guidance from the CDC, American Camp Association Field Guide, and the Bucks County Dept of Health has required us to re-evaluate and re-write every procedure, policy, and program. Our full Parent Guide now reflects these new plans for 2020. We have spent countless hours putting the Parent Guide together based upon available information, but please understand that new guidance is being offered each week as we learn more about the virus. We are fully committed to providing the safest possible environment for our campers and staff to flourish and have fun at Elbow Lane. Everything we do at camp will be in the best interest of your camper and our staff, but there is still risk involved. Your home life is an extension of Elbow Lane, and we all become part of your extended family. We need to work together to prevent the virus from entering our camp environment. Thank you in advance for doing your part, we will do ours to the best of our ability!

The following information is presented to provide you with answers to many questions that you may have, as your child prepares to attend Elbow Lane Day Camp. While it is virtually impossible to cover every situation, the necessary procedures for camp preparation are carefully explained in the Parent Guide. Further information can be obtained by calling the camp office, 215-343-2120. We hope that you will familiarize yourself with the details of this guide. **PLEASE RETAIN FOR FUTURE REFERENCE!**

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REQUIREMENTS

Forms – also available under PARENT AREA at www.elbowlane.com

- Registration Agreement for every family
- [Medication Dispensing Form](#) - must be printed and returned if your child requires prescription medication during the camp day
- [Pre-Camp Health Screening Form](#) – begin two weeks prior to camper’s first day of camp
- [Health Screening Calendar](#) – use daily during camp season

Tuition – Final payment is due on June 12, 2020

Enrollment – changes can be email to jeanette@elbowlane.com

- 4-week minimum enrollment for campers
- Minicamp does not count towards 4-week minimum
- To participate in any camp activity, event or ‘Special Event’, a camper must be enrolled for that particular week
- Extension of enrollment may be available if space permits

CAMP PREPARATIONS

MARK YOUR CALENDAR

2020 Camp Season: Monday June 22 – Friday August 14

Camp Hours 9:30 AM – 3:40 PM

*Extended Hours Available 7 AM – 5:30 PM

- July 3rd: Camp closed in observance of Independence Day
- July 7th - **Picture Day** for Intermediate, Senior and Upper Campers
 - Camp shirts should be worn for pictures.
- July 8th - **Picture Day** for Junior Campers and Siblings
 - Camp shirts should be worn for pictures.

PRESEASON SCREENING

Staff and campers must pre-screen for a two-week period prior to their first camp day.

We are requiring families to document their daily pre-screens on the [Pre-Camp Health Screening Form](#). The form requires you to record the daily temperature of your camper. Camp protocol temperature must be 99.7°F or below.

You will also record the presence of any of the following physical symptoms:

cough, diarrhea, rash, fatigue, headache, muscle aches, nausea, loss of taste or smell, sore throat, or vomiting.

Submit your completed form to christian@elbowlane.com

DAILY SCREENING

A daily pre-screen must continue for all campers and staff throughout the summer, prior to leaving their residence. DO NOT come to camp with a temperature above 99.7° or exhibiting any physical symptom.

A [Health Screening Calendar](#) is provided, and is available on our website. It is similar to the [Pre-Camp Health Screening Form](#). Complete this form daily, prior to attending camp each morning.

If your camper's temperature exceeds 99.7°, or they are exhibiting physical symptoms, you must keep them at home. The camp nurse may require a doctor's written consent stating your camper is clear to return to camp. Email jeanette@elbowlane.com with the health reason you are keeping your child at home. Jeanette will issue you a credit for the days missed ONLY if you send the email with your child's symptom(s) on the day of absence.

WHAT TO BRING TO CAMP

PLEASE LABEL EVERYTHING!

The following items should be brought to camp each day:

- Camp bag for essentials (see CAMP BAGS below)
- Bathing Suit, **wear it under clothes to camp**
- Change of Clothes/Undergarment for after swim
- Water bottle
- Sunscreen (also apply before camp)
- Plastic bag for wet swimsuits
- 1 or 2 towels
- Flip-flops (or aqua shoes to wear to the pool)
- Lunch and drink

Suggested/Optional items:

- Hat
- Additional Swimsuit
- Gaga glove (batting glove)
- Additional sunscreen to be left at camp

Minors (Preschool Only)

- NAPPERS: Bring a freshly laundered blanket on Mondays, in a clean plastic or paper bag. They will be returned on Fridays for laundering. Guidance recommends no soft toys or stuffed animals.
- VELCRO SNEAKERS are recommended, as they speed the changing process before and after swim.

All Junior Campers (Preschool-1st grade)

- Extra set of LABELED clothing in a plastic bag. This will remain in their cubby at camp for the duration of their enrollment

CLOTHING

Elbow Lane Day Camp is not a uniform camp. We recommend comfortable and casual clothes. Please keep in mind when dressing your child that camp is an active place, and active campers are hard on their clothes. Campers must wear their bathing suit to camp, bring dry clothes for after swim. Sneakers or sturdy closed-toe shoes, such as Keen sandals, are required at camp. Flip flops and sandals should only be worn to the pool area. Make certain that your camper is dressed for forecasted weather conditions of the day.

Campers, please show your camp spirit and wear your camp shirt every Friday!

CAMP BAG

Few personal items should travel between home and Elbow Lane. Backpacks are necessary for campers to transport necessary items each day. We require that you sanitize the inside and outside of the camp bag daily, before packing. Best practice wants to eliminate or minimize items brought to camp. We do need the bags, so we also need your cooperation with this procedure. Please help us protect our campers and staff.

NAME TAGS SHOULD BE ON EVERYTHING!

WHAT NOT TO BRING

Personal Items - Please do not bring personal items such as sports equipment, camera, cell phones, etc. to camp! Concern over virus spread dictates this policy. Elbow Lane supplies all camp equipment needed for the daily camp program and will sanitize as necessary to maintain the safety of our campers and staff. The camp is not responsible for the loss or damage of any personal property brought to camp.

Cell Phones - **We urge you to consider NOT sending your camper to camp with a cell phone.** The high touch rate of cell phones poses a significant concern for the spread of Covid-19. Campers are not permitted to make/receive phone calls or send/receive texts at camp. Policy dictates campers may not carry cell phones during the camp day.

MINICAMP

Minicamps provide camp-oriented programs, including swim, for working parents who need care for their children the week prior to Camp (June 15th-19th), and the week after camp (August 17th-21st). Due to limitations on group size and based upon pandemic guidance, we have closed enrollment for both Minicamp weeks, at this time.

Please note there is **no camp transportation or Cookout/pizza provided during Minicamp weeks, however snack will be provided.**

For camper pick-up between 3:30-4:00p please use the main driveway to the pickup circle. Have your camper dashboard tag displayed. All other arrival and departure procedures are the same as published.

All other published policies and procedures are in force during Minicamps.

ARRIVAL PROCEDURES

VEHICLES ENTERING CAMP

Please observe posted speed limits **as neighbors have complained about speeding on Elbow Lane and on other local roads**. As a reminder, speed limit is 5 mph on campus.

We ask parents providing transportation to sanitize door handles and interior items, such as seat belt clips and harnesses on car seats that greeters may come in contact with, before arriving at camp.

Drivers stay inside the vehicle and ALL campers should exit the vehicle on the passenger side.

No texting or cell phone usage while in line. Parents should not make or receive phone calls during drop-off/pick-up.

SEAT BELTS

Most campers will be expected to unbuckle at drop off and buckle up at pick up, without assistance. Pre-schoolers and some Kindergarteners may require help with both procedures. If greeter assistance is required, counselors will use disinfectant wipes to sanitize buckle mechanisms before assisting children.

AM EXTENDED ARRIVAL

AM Extended will begin at 7:00am, campers will be divided by their cohort during this time. Please make sure your camper has finished their breakfast before arriving at camp.

When a camper arrives to camp, drivers stay in the vehicle and a masked greeter will open the passenger side door to check the temperature of all campers inside the car

- If cleared, campers will be provided with hand sanitizer as they enter the building, or playground area.
- If a camper's temperature is above 99.7°, they must remain in the car and will be directed for further screening and temperature re-take by the Nurse/Director/Head Counselor on duty:
 - If cleared, the camper will sanitize hands and join their group.
 - **If a child is not cleared, they will be required to return home. No credit will be given for the day.** To be admitted back into Elbow Lane, the camp nurse may require a doctor's written consent stating the camper is cleared to return to camp.

CAMP ARRIVAL (REGULAR DAY)

Arrivals before 9am will not be permitted unless camper is signed up for AM extended hours.

Staggered arrivals to help minimize congestion at the drop off area.

- 9:00 - 9:15 - campers with the last name beginning A-K
- 9:15 - 9:30 – campers with the last name beginning L-Z

We will allow some flexibility based on individual situations.

When vehicle pulls up to the drop off circle:

- drivers stay in the vehicle
- masked greeter will open the passenger side door
- temperature, using an infrared thermometer, will be checked for all campers in the car
- campers and staff passing protocol, temperature 99.7° or below, will be provided with hand sanitizer and then join their bunk at table time.

Road staff will not direct traffic, they are there to point to the driveway in use. Please use defensive driving techniques when entering the property.

CAMPER EXHIBITING AN ELEVATED TEMPERATURE OR OBVIOUS SYMPTOMS

A camper with a temperature above 99.7° will be asked to remain in the vehicle and will be directed to the gravel parking lot for an additional screening by the camp nurse. Our camp nurse will re-take temperature and screen for physical symptoms.

- If cleared by the camp nurse, the camper will sanitize hands and join their bunk.
- **If a child is not cleared, they will be required to return home. No credit will be given for that day.** To be admitted back into Elbow Lane, the camp nurse may require a doctor's written consent stating the camper is cleared to return to camp.

CAMP TRANSPORTATION

We strongly encourage parents to provide their own transportation.

Our drivers will be required to wear masks. Campers will also be required to wear masks in Elbow Lane vans/buses and be physically distant. If your camper is getting on the van/bus, we will assume that their temperature is within the guidelines and they passed the at-home, daily health screening.

Upon arrival to Elbow Lane, camp transportation campers will be screened as explained in the camp arrival and screening section. **If a camper has an elevated temperature, or is showing any physical symptoms, you will be required to pick up your camper at Elbow Lane immediately. No credit will be given for the day.** To be admitted back into Elbow Lane, the camp nurse may require a doctor's written consent stating the camper is cleared to return to camp.

Vans and buses will be sanitized every morning, after arriving at camp, and every afternoon, after children have been dropped off at home.

LATE ARRIVAL

The front gate will close promptly at 9:30 am. Please make every effort to arrive prior to 9:30am. If you are running late and arrive after 9:30:

- Park in the Visitors' Parking area, put on a mask, and walk to the red gravel path and stop at the sign.
- Call the office per instructions on the sign.
- Wait at the bench until staff arrives for your camper's health screening.

If cleared, your camper's hands will be sanitized, and staff will escort them to their group. The parent/driver will return to their car.

If the camper must go to the nurse for further screening, the parent must wait until additional screening is complete.

ABSENCES

See Covid-19 related communications and appropriate arrival procedures for pre and in-camp screening related absence policy. If a child is to be absent at any time, please contact the camp office prior to the camp day. If the camp is providing transportation, and your child is going to be absent, please make all attempts possible to contact the driver to notify them to not pick up your child.

EARLY PICK-UP

If you would like to pick your camper up early for any reason, please email jeanette@elbowlane.com before 9am, with your expected arrival time. All early pick-ups must be completed before 3:00pm. If someone other than a parent is picking up, that person must be listed on your Camper Pick-Up Authorization and have their Photo ID available.

When you arrive:

- Park in the Visitors' Parking area, put on a mask, and walk to the red gravel path and stop at the sign.
- Call the office per instructions on the sign.
- Wait at the bench until your camper arrives.

A camper will only be released to those listed on the authorization - Photo ID is required!

The same instructions apply when the Camp Nurse/Director requests an early pick-up

3/4 DAY PROGRAM DISMISSAL

Parents of children in the 3/4-day program should arrive at 1:30 PM:

- Park in the Visitors' Parking area, put on a mask, and walk to the red gravel path and stop at the sign.
- Call the office per instructions on the sign.
- Wait at the bench until your camper arrives with a counselor.

DAILY ROUTINE

LINE-UP

We are working on a socially distanced version of line-up and flag. Allowing for campers to enjoy music, flag raising, announcements and Skip's (stinky) joke of the day.

SWIMMING

Swimming at camp is permitted in the Yellow Phase. We will be unable to provide typical swim instruction as we have in the past. Instead, morning swim will be structured swimming activities guided by our swim instructors. Recreational swim will continue in the afternoon, within cohorts. Campers at Elbow Lane swim twice daily. Junior Camp counselors will be in the pool during swim periods.

Non-swimmers or beginners may be afraid of the water or afraid of the concerned about failing. Our approach is based on encouragement and motivation to create a sense of security and the self-assurance needed for the camper to succeed.

Elbow Lane uses swim bands to identify campers who have passed our deep-water test. To ensure safety at our pools, campers must wear their band at all pool activities. We encourage wearing the bands throughout the camp day.

NO CHILD IS FORCED TO SWIM OR TAKE A TEST!! Parents are urged to contact the camp if you feel your child is having a problem.

LUNCH

Disposable lunch bags are required this year, and uneaten food will be thrown away. No food or storage items will be returned home at the end of the camp day.

Fridays will continue to be Pizza Day! Unfortunately, cookout will be cancelled at this time, hopefully delicious hotdogs (and burgers) will return later in the summer season.

Camper and staff temperature checks will be performed during the lunch period, before afternoon activities begin. If there are any health concerns you will be contacted for immediate camper pick up.

SNACKS

We will continue to provide daily snack for campers. We will offer individually packaged snacks, popsicles, or ice cream. Water and juice will be provided as usual.

DISMISSAL PROCEDURES

EARLY PICK-UP

If you would like to pick your camper up early for any reason, please email jeanette@elbowlane.com before 9am, with your expected arrival time. All early pick-ups must be completed before 3:00pm. If someone other than a parent is picking up, that person must be listed on your Camper Pick-Up Authorization and have their Photo ID available.

When you arrive:

- Park in the Visitors' Parking area, put on a mask, and walk to the red gravel path and stop at the sign.
- Call the office per instructions on the sign.
- Wait at the bench until your camper arrives.

A camper will only be released to those listed on the authorization - Photo ID is required!

The same instructions apply when the Camp Nurse/Director requests an early pick-up

3/4 DAY PROGRAM DISMISSAL

Parents of children in the 3/4-day program should arrive at 1:30 PM:

- Park in the Visitors' Parking area, put on a mask, and walk to the red gravel path and stop at the sign.
- Call the office per instructions on the sign.
- Wait at the bench until your camper arrives with a counselor.

REGULAR DISMISSAL/PARENT PICK-UP

The gate opens at 3:30pm for a 3:40 dismissal. We close the gate at 4:00pm.

On rainy days we tend to open the gate 10 minutes early.

Vehicles need to display camper(s) name card. Name cards will be mailed prior to camp. They are color-coded by Camp (Jr, Inter, Senior, Upper), to help staff identify where your child is located. Contact the office for additional name cards.

For those without the Elbow Lane tag, photo identification will be required.

Vehicles will be directed to enter the gravel road (not the main driveway, the alternate entrance).

Drivers stay in your vehicle and stay in vehicle line. Please do not call to your child as you enter. See [map](#) for visual guidance.

- Seniors and Uppers, grades 4-9, will be picked up at the upper pavilion.
- Inter camp, grades 2-3, will be picked up at our new 'Inter Inn'
- Junior camper, preschool-1st grade, proceed into the pick-up circle

If you do not have a Junior camper you may exit as directed before the pick-up circle.

Staff will be at the 'Martha Merge' to facilitate safely merging traffic patterns.

The 'overflow' area on the map, marked with yellow arrows, will be utilized if traffic begins to back up onto Elbow Lane.

Please be patient with us and your fellow chauffeurs. Follow signage and directions of staff.

Road staff will not direct traffic, they are there to point to the driveway in use. Please use defensive driving techniques when entering the property.

PM EXTENDED HOURS

PM Extended Hours will end at 5:30pm.

Campers utilizing our PM Extended Hours will be signed out at the table in the small circle near the gate, to minimize visitor contact with camp. Please park in the Visitors' Lot, wear a mask, and follow the red gravel path. Masked staff will sign out the departing camper. **Photo ID required!**

RAINY DAY

Camp policy is to provide as complete a program as possible on rainy days. We do have plenty of indoor/pavilion space to safely absorb a few showers or quick afternoon storm. Even with lower numbers of campers per group, programming cohorts during a full day of rain will be a challenge. **If you have the ability to keep your camper at home when a full day of rain is forecast, please do so!** Bob will send a REMIND notification by 7am to confirm a washout type of rainy day. This will signify a day eligible for credit if you are able to keep your camper home. Email jeanette@elbowlane.com with your intention to stay home on the rainy day and you will be given a credit for the camp day. Without this email prior to staying home there will be no credit. (To join REMIND – text @gk9bkea to 81010.)

Children should bring rain gear on rainy or rain-threatened days. We will have our usual Rainy Day “A” and “B” schedules available to keep our campers active and stimulated.

At dismissal, the gate will be open around 3:20 pm. There will be a modified rainy-day pick-up routine for Junior Camp. Dismissal to cars will take place from the school building in lieu of the Junior Camp pick-up circle. All other camps will dismiss from usual locations. Please be patient and follow directions of the staff.

COMMUNICATION

COVID-19 COMMUNICATION

It is of the utmost importance that open lines of communication exist between camp and parents, and between parents and camp. Feel free to email, Bob (Owner/Director), Adrian (Program Director), Jodi (Transportation/Office) or Jeanette (Office) at any time. The appropriate staff member will reply as soon as possible.

Please email AND call the office immediately if any of the following occur:

- **If your camper is exposed to someone who has a known or suspected case of Covid-19 (that could be a friend, family member, neighbor, anyone!) DO NOT send your child to camp.** We will contact you for more information and further guidance.
- **If your camper has obvious symptoms of Covid-19, DO NOT bring your child to camp.** We will contact you for more information and further guidance.
- **If your camper has a confirmed case Covid-19, DO NOT bring your child to camp!** We will contact you for details and inform the Bucks County Department of Health for contact tracing. Policy currently dictates that you must quarantine at home and a negative test must be provided in order to return to camp.

Tuitions for the days missed, related to screening, exposure or confirmed cases, will be credited assuming proper communication has been made.

In the event a camper or counselor in your child's cohort has had a possible Covid-19 exposure, we will contact you immediately by email. Other campers in the cohort may continue to come to camp and will be closely monitored by both the Camp Nurse and group counselors.

In the event a camper or counselor in your child's cohort has a confirmed case of Covid-19, parents of campers in that cohort will be emailed and called immediately. The entire group will be excluded from camp until a negative Covid-19 test result is confirmed, credit will be issued for missed days under these circumstances.

Free diagnostic testing for Covid-19 is available locally at urgent cares and pharmacies. Generally, a physician's order or telemedicine consultation is required prior to the test.

OTHER COMMUNICATION

Parents are requested to carefully read all information provided during the camp season. For regular updates and information, check our website at www.elbowlane.com. Click on the appropriate page from the menu on the homepage.

The following is public access information that you should check frequently:

- **Camp Calendar/Daily Schedule** - gives a brief description and dates of Special Events and daily activities for all groups. If we move into the Green Phase during the camp season, expect the program and calendar to be adjusted accordingly.
- **Permission Slips for off-campus trips** – **NO TRIPS ARE SCHEDULED AT THIS TIME**
- **Special Announcements and Camp Forms**
- **Elbow Lane Facebook** page for daily camp photos
- **Instagram link:** <https://www.instagram.com/elbowlanedaycamp/>

The following information is not available for public access but can be accessed as follows:

- **Photos and videos of activities throughout the summer** available on Google Drive.
 - Simply type bit.ly/elbowlane into your browser.
- **Camp Parent Remind Notifications** – text messages sent directly to your phone to inform you of items that might affect your camper (e.g. wear camp shirt picture day, rainy day forecasted)
 - To join, text "@cfbgc" to "81010" on your phone.
- **Friday Flyer** – emailed every Friday afternoon. Contains details of the activities during the current camp week and reminders for the upcoming week.

HEALTH AND WELFARE

We have written at length about procedures and policies that we have adopted to keep our campers and staff as safe as possible during the Covid-19 pandemic: cohorts, distancing, masks, temperature, screening, modified program.....and much more. If you have other questions relating to these protocols, please email or call.

PERSONAL HYGIENE

Counselors will instruct and supervise campers in proper handwashing and hand sanitizing techniques. Handwashing/Hand Sanitizing will occur frequently throughout the day, including before and after lunch. We ask for your support in continuing to practice proper handwashing at home.

CLEANING AND SANITIZING

Our group counselors and specialists will be trained to incorporate sanitizing practices within their work area or group. We have hired additional maintenance staff to provide frequent cleanings of highly touched surfaces, such as doorknobs, bathrooms, play equipment etc. All indoor, bunk and pavilion areas will undergo extensive cleaning each evening.

CAMPER ADJUSTMENT

Your camper may require an adjustment period. If you feel your child is encountering problems at camp, CONTACT THE CAMP DIRECTORS IMMEDIATELY! Please DO NOT WAIT until the end of the summer to let us know that your child had an issue at camp. We do our best when we are informed of your concerns and are given the opportunity to address them. Your responses to camper questions in the Camper Data portion of our Registration Agreement are shared with counselors. Thank you to those who provided thoughtful responses.

TICKS

We make every effort to check the children as part of our regular routine. However, those little critters can hide pretty well, and we strongly suggest you keep your eyes open too, especially checking through your camper's hair. We also suggest dressing children in light colored clothing. It will make it easier to spot a wandering tick. We partnered with Ivy Oaks Analytics for a spraying program to minimize our camper's exposure to ticks, mosquitos, and poison ivy. This 4-step program was developed specifically for camps, using organic materials applied by professionals.

TICKS AND LICE PREVENTION

We spray our helmets and van/bus upholstery with an all-natural, non-toxic tick and lice repellent. This will help keep our Elbow Lane campers pest-free! The liquid spray contains cinnamon and spearmint oils, so you may notice a sweet fragrance emanating from your camper on days when they have worn a helmet! These steps have been very helpful in the recent past, as we have been able to avoid lice issues. If a parent discovers lice on their child, please contact the camp office immediately. Alternatively, in the event a camper is seen by the nurse and lice is diagnosed, the camp nurse will contact the parents with treatment options.

SUNSCREEN

Please apply sunscreen **prior** to the camp day. Campers will be reminded to apply sunscreen after both morning and afternoon swims. Counselors will assist in application, as necessary. If counselor assistance is required for Juniors changing inside, counselors will wear masks. We also recommend UV protected swim shirts.

JR CAMP POTTY TRAINING POLICY

Campers are expected to be potty-trained prior to the camp season. Counselors will remind campers to use the bathroom at swim time and frequently throughout the day. We encourage independence in all aspects of toileting and urge the parents to do so as well. If a camper has two “accidents” in a day, the parents will be called to remove the camper for the day. More than three “accidents” will require parents to keep the child home until successfully potty-trained.

INCIDENT REPORT

In the event of an injury, phone contact with parents/guardians is established. This process is initiated by the Nurse and/or Director, you will be contacted. Since the program has no way of determining what each person considers an emergency, the general camp practice is to contact parents when there is concern about a camper's health or conduct.

MASKS

Campers are not required to wear masks, but they may choose to do so. The only exception to this rule is on camp transportation, where masks are required. Specialist staff working in buildings are required to wear masks. Specialist staff working outside will socially distance and will not wear masks unless the activity dictates. Ropes staff will wear masks when checking equipment. While inside, all staff assisting campers changing and applying sunscreen will wear masks. Greeters will wear masks at arrival/departure times.

CAMP NURSE

Camper's Health Form are reviewed by the Camp Nurse. Please make certain that any health issue, of which we should be aware, is listed on the form. The nurse will be available for consultation on June 21st, by appointment, to meet with parents regarding their camper's health. If you are not available on that day, the nurse will be available by phone prior to the first day of camp. You may speak to the nurse during the camp day by calling the office. If the camp is expected to administer prescription medication, or any other medication on a regular basis, we must be provided with written instructions by a physician. Print and return our [Medication Dispensing Form](#), also available on our website. Medication may be dropped in the office prior to camp or be sent in with the camper on their first day.

ADDITIONAL INFORMATION

CAMP T-SHIRTS, HOODIES, BACKPACKS, TANK TOPS

All campers will receive one Elbow Lane t-shirt, which will be distributed during their first week of camp. Additional shirts, tank tops, sweatshirts, long-sleeve Ts, and Elbow Lane Day Camp backpacks, may be purchased. Visit the camp store, <http://www.elbowlanecamp.com/store/>, to view available items. Email christian@elbowlane.com with item(s), size & quantity.

FOOD AND DRINK

Campers should have a substantial breakfast **before** arriving at camp each morning. Lunch and a drink should be packed in paper bags which are CLEARLY MARKED with the camper's name and group. A "juice box" is a simple way to provide a beverage for lunch. Please, no glass containers of any kind! Snacks will be provided by the camp each day. Wednesday Cookout is postponed until further notice, Friday will remain Pizza Day. You will be notified of any changes. You may send in alternatives to Elbow Lane lunch/snack any time.

Food Allergies: When your child's counselor calls, you will be informed if a camper in your child's group has a peanut or tree nut allergy. You will be asked to identify a lunch bag that contains peanuts or nuts. Please mark, or put tape on the bag, with a large "P". This procedure will help our counselors seat the children in an arrangement that will minimize any exposure to a potential health risk. Please understand that we are not asking you to read every ingredient on every item, simply identify the obvious foods that contain peanuts and nuts (foods such as peanut butter sandwiches, cookies, crackers, etc.). Other food allergies should be discussed with your child's counselor during the parent/counselor phone call. REMIND YOUR CHILDREN NOT TO SHARE THEIR FOOD. Your cooperation in this is greatly appreciated!

Water bottles are recommended. Please make certain that drink containers, which need to be returned home, are clearly **LABELED** with the camper's name and **SANTITIZED** daily.

GUESTS/VISITORS

Guests/visitors are not permitted on campgrounds. Medical and liability regulations dictate this policy.

GROUPING

When placing campers into a bunk, we attempt to group children who have been together from year to year and try to honor friend requests listed on the Enrollment Form. This year, our group numbers will be lower than typical however, we have made every effort to keep friends together. Groups will be joined in "cohorts" per ACA guidelines. This will allow mixing of campers within the cohort while still following guidance and keeping campers safe.

INSURANCE

Camp carries a self-insured, secondary, medical insurance policy. All medical claims **must** be submitted to the camper's primary carrier before camp policy becomes effective.

VISITING DAY

Following CDC recommendations, Visiting Days are cancelled.

TIPPING

Tipping has been a long-standing tradition in most camps. If you feel your child developed a special relationship with a counselor, driver, or specialist, it is appropriate to offer such a gift at the end of the season. Tipping is optional and is based purely on the parents' desire to do so.

PETS

No pets or animals should be brought to the camp.

WEAPONS

Any item that could be used as a weapon is not permitted on the campgrounds. These items include, but are not limited to knives, fireworks, BB or pellet guns, martial arts weapons and firearms. Anyone who brings these items to camp will have the item confiscated and parents will be called for immediate camper pick-up.

ALCOHOL/CONTROLLED SUBSTANCES

Alcohol or controlled substances are not allowed on camp property. Anyone found with these substances will have it confiscated and parents will be called for immediate camper pick-up. All prescription and over-the-counter medications must be kept in the nurse's office.

OTHER PROGRAMS AT ELBOW LANE

TENNIS LESSONS – can be arranged with our Tennis Pro, Luis Ponce.

For more information or to enroll in either program, contact the camp office (215-343-2120).

ELBOW LANE SCHOOL – We are a Keystone Star 4 facility licensed by both the Department of Human Services and Department of Education.

- **PRESCHOOL** for children 3 - 5 years old.
Three- and five-day programs are available, Sept. through June.
- **CHILD CARE** for Infants (starting at 6 weeks), Toddlers, and Pre-Schoolers. Before and After School programs for elementary age students, with transportation provided.

For more information or to enroll, call Lisa Puchalski, School Director (215-343-2120)

ELBOW LANE TEAMBUILDING & PICNICS – Corporate, School, and Community Teambuilding Programs for all ages, as well as Family Picnics and Birthday Parties!

Visit our website for more information at www.elbowlane.com