



# ELBOW LANE DAY CAMP

2017

## PARENT GUIDE

**(Highlighted items are new, or for emphasis)**

*Elbow Lane Day Camp  
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*www.elbowlane.com  
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## **ELBOW LANE DAY CAMP**

Elbow Lane Day Camp is a traditional day camp that provides a wide variety of activities for children 3 to 14 years old. Elbow Lane welcomes children of all religious and ethnic backgrounds. The facility is a large 27-acre site that is second to none. Each field, court and pool is well-suited to the age and ability of our campers. Our program is active, with an emphasis on developing a positive self-image and having lots of fun. By designing an athletic program that meets each camper's interest and ability level, we can challenge our campers to do their best and, by success, see their confidence grow. Our creative and performing arts program enriches each camper's experience, and weekly special events are always popular as they add fresh, creative activity to our schedule.

### **ELBOW LANE DAY CAMP MISSION STATEMENT**

Elbow Lane Day Camp's mission is to provide an enriching, exciting and challenging summer program in a safe, comfortable environment. All campers will have the opportunity to experience success and build their confidence, while making new friends and having fun.

The successful completion of this mission is the sole responsibility of the Directors, Head Counselors, Group and Specialty Counselors, and will be accomplished by:

- Creating a warm, comfortable, safe environment in each group and at every activity, promoting teamwork and respect for each camper and staff member.
- Providing for individual differences in experience and ability with an emphasis on success and building confidence.
- Incorporating opportunities for fun into each activity.

Although each staff member will utilize their own strengths and creative talents in order to meet the challenge of fulfilling their mission, it is teamwork and cooperation which will facilitate Elbow Lane Day Camp's goal of continuing as the BEST camp in the area.

The Elbow Lane mission statement is a broad statement of the camp's philosophy. The Elbow Lane mission is intended to help campers achieve the following goals:

- Build self-confidence by experiencing success in a wide variety of camp activities.
- Develop social skills that will help them interact, relate and respect others.
- Become more self-reliant as they make decisions about their camp program.
- Learn to work cooperatively as a member of a team.
- Enjoy being involved in outdoor activities while learning to respect their natural environment.
- Have fun!

**“INTRODUCTIONS”**

**Office Staff:**

**Manager/Accounts:** Debbie Cataldi  
**Transportation:** Jodi Entenberg  
**Photos/Videos:** Cinde Orlick, David Gordon, Chris Coughlan

**Nurse:** Caroline Dennin

**AM Extended Hours:** Jeanette Himpele

**PM Extended Hours:** Sharon Crimian, Danielle Martin

**Head Counselors:**

<b>Junior Camp:</b>	Ellen Klocek Jessica Klein	Minors (preschool) Majors (K and 1st grade)
<b>Intermediate Camp:</b>	Widge Hazell	2nd and 3rd grades
<b>Senior Camp:</b>	Sam Smith	4th, 5th and 6th grades
<b>Upper Camp:</b>	Skip Mason	7th grade CIT's (8th and 9th grades)

**Specialists:** Martha Fowler

**Program Director:** Adrian Hazell

**Owner/Director:** Bob Lester

# ELBOW LANE DAY CAMP

## PARENT GUIDE

The following information is presented to provide you with answers to many questions that you may have, as your child prepares to attend Elbow Lane Day Camp. While it is virtually impossible to cover every situation, the necessary procedures for camp preparation are carefully explained in the Parent Guide. Further information can be obtained by calling the camp office (215-343-2120). We hope that you will familiarize yourself with the details of this guide. **PLEASE RETAIN FOR FUTURE REFERENCE!**

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**FAIR WARNING TO ALL: NEIGHBORS HAVE COMPLAINED ABOUT SPEEDING ON ELBOW LANE AND OTHER LOCAL ROADS – POLICE HAVE SET SPEED TRAPS, SO PLEASE OBSERVE POSTED LIMITS!**

**ELBOW LANE DAY CAMP IS A SMOKE-FREE CAMPUS. SMOKING IS PROHIBITED ANYWHERE ON THE CAMP GROUNDS.**

## **MATTERS OF IMMEDIATE IMPORTANCE**

1) Forms - All forms must be returned prior to camp. These include: Registration Form, Health Form, Medication Dispensing Form (if your child requires prescription medication), Emergency Contact Information (camper will not be accepted without "Consent for Emergency Medical Treatment" checked on this form), Child Release Authorization and Camper Data Sheet. Forms may be completed and submitted from our website ([www.elbowlane.com](http://www.elbowlane.com)) – **click on “Parent Area”, then FORMS.**

2) Tuition – Final payment was due on May 15th. If you have not paid your balance in full, please do so now.

3) **In order to participate in any camp activity, event or “Special”, a camper must be enrolled for that particular week.** Call the office to extend your enrollment or to make a schedule change, if necessary.

## **MARK YOUR CALENDAR**

*“Meet the Staff Day”* - Sunday, June 25th (last names beginning A through K: 12:15 PM to 1:00 PM, last names beginning L through Z: 1:30 PM to 2:15 PM). This will be a wonderful opportunity to meet your child's counselor and receive a complete tour of the camp. **Rain will cancel this event.** **If you are uncertain about the weather, join REMIND, or check section of the Home page on our website ([www.elbowlane.com](http://www.elbowlane.com)) for an announcement.**

*Camp Dates* - The camp season begins on Monday, June 26th, and ends on Friday, August 18th. **Camp will be closed on Monday and Tuesday, July 3rd & 4th.** Extension of enrollment may be available if space permits.

*Picture Days* – Tuesday (July 11<sup>th</sup>) - Intermediate, Senior and Upper Campers; Wednesday (July 12<sup>th</sup>) - Junior Campers and Siblings. **Camp shirts should be worn for pictures.**

*Family Fun Night* – Tuesday evening, August 1st – friends, family, and neighbors are all invited. Don't miss it! Rain date- Thursday, August 3rd.

*Camp Hours* - The camp day begins at 9:20 AM (arrive between 9:00 and 9:20) and ends at 3:40 PM (pick-up between 3:40-4). Morning and afternoon extended hours are available for an additional fee. We are open from 6:30 AM to 6:00 PM.

## **ABSENCES**

**If a child is to be absent at any time, please contact the camp office prior to the camp day. If the camp is providing transportation, if your child is going to be absent, please make all attempts possible to contact the driver to notify them to not pick up your child.**

## **CAMP T-SHIRTS, SWEATS, BACKPACKS, TANK TOPS, GAGA GLOVES**

All campers will receive one Elbow Lane T-shirt, which will be distributed during the first week of camp (included in tuition). **Additional shirts, tank tops, sweatshirts, long sleeve Ts, and camp backpacks, may be purchased from our on-line camp store, <http://www.elbowlanecamp.com/store/> and picked up on Meet the Counselor Day.**

## **CLOTHING**

Elbow Lane Day Camp is not a uniform camp. We recommend comfortable, casual, sturdy clothes. Please keep in mind when dressing your child that camp is an active place, and active campers are hard on clothes. **We encourage the campers to wear sneakers to Camp.** Flip flops and sandals are not sturdy enough for foot support during active play and should only be worn for the pool area. Camp is not a place for designer clothing and jewelry. Leave the fancy stuff at home! Also, please make certain that your camper is dressed for forecasted weather conditions of the day. Campers, please show your camp spirit and wear your camp shirt every Friday!

.....Junior campers should bring an extra set of clothing in a plastic bag (labeled with their name) which will remain in their cubby at camp for the duration of their enrollment.

....All campers should bring a camp bag or backpack to transport their "essentials", and a plastic bag for wet bathing suits and towels. Clothing should not be left at camp (with the exception of an "extra set" for our junior campers). The best footwear for camp is sturdy sneakers with socks.

**NAMES SHOULD BE WRITTEN ON EVERYTHING; ALL CLOTHING AND TOWELS/WATER BOTTLES WITH A PERMANENT MARKER!**

**\*\*EARLY PICK-UP\*\***

**Early pick-ups should be prior to 3:00 PM!** Please take this policy into consideration when making appointments or getting a "jump-start" on the weekend. End-of-day transition time is very busy in the office and children are moving from activity, to bunk, to dismissal area – a very difficult time to gather a camper and their belongings and get them to the office in a timely manner. Thank you for your cooperation in this matter!

**FOOD AND DRINK**

Campers should have a substantial breakfast before leaving home each morning. Lunch and a drink should be packed in paper bags which are CLEARLY MARKED with the camper's name and group (lunch boxes take up a lot of space in the refrigerator and are very easy to forget!). A "juice box" is a simple way to provide a beverage for lunch. Please, no glass containers of any kind! Snacks will be provided by the camp each day. Wednesday is Cookout Day (hotdogs and hamburgers, mmmmm good!) and Friday is Pizza Day. You will be notified of any changes.

**Food Allergies:** When your child's counselor calls, you will be informed if a camper in your child's group has a peanut or tree nut allergy. You will be asked to identify a lunch bag that contains peanuts or nuts. Please mark, or put tape on the bag, with a large "P". This procedure will help our counselors seat the children in an arrangement that will minimize the child's exposure to a potential health risk. Please understand that we are not asking you to read every ingredient on every item. Just identify the obvious foods that contain peanuts and nuts (foods such as peanut butter sandwiches, cookies, crackers, etc.). Other food allergies should be discussed with your child's counselor during the parent/counselor phone call. REMIND YOUR CHILDREN NOT TO SHARE THEIR FOOD. Your cooperation in this is greatly appreciated!

"Squeeze bottles" and "water jugs" are very popular with our campers. Please make certain that containers which need to be returned home are **marked in bold print** with the camper's name.

A vending machine is available during lunch and after camp, sport drink, water and soda. The price is \$1.50.

**GUESTS**

Neither campers, nor staff are permitted to bring guests to camp, at any time, or for any reason whatsoever. Medical and liability regulations dictate this policy.

**GROUPING**

When placing campers into a bunk, we attempt to group children who have been together from year to year. However, as campers bring new friends of the same grade level to Elbow Lane, the size of the group may grow beyond a manageable number and we have to divide the bunk into two (maybe even three) bunks. We make every effort to place your child with their friends listed on the Group Request Card. We understand the importance of keeping friends together, however, at the same time we believe that meeting new people, developing a broader set of relationships and learning to work together is a healthy and positive goal of the camp experience.

Each year we have requests for campers to be placed with a specific staff member, or for staff to "move up" with a group. Unfortunately, we cannot honor these requests.

## **CAMP COMMUNICATION**

Parents are requested to read carefully all information “sent home” during the camp season. For regular updates and information, check our website ([www.elbowlane.com](http://www.elbowlane.com)) ..... click on the appropriate page from the menu on the Home page.

The following is public access information that you should check frequently:

**Camp Calendar/Daily Schedule** - gives a brief description and dates of Special Events and daily activities for all groups (will not be final until June 16<sup>th</sup>).

**Permission Slips for off campus trips**

**Camp Forms**

**Elbow Lane Facebook** page for daily camp photos

**Instagram link:** <https://www.instagram.com/elbowlanedaycamp/>

The following is available for viewing by parents and extended family through a private access link to our Google Drive account: [Bit.ly/elbowlane](https://bit.ly/elbowlane) -- just type it into your browser.

**Photo Album** - pictures of weekly activities will be posted every Friday throughout the summer.

**Videos** – of campers having fun! Every group will have a short video posted each week.

**Friday Flyer** - contains details of activities during the current week, and reminders for the upcoming week

Join our “Camp Parents” Remind app

“REMIND” is a daily notification app, – to join, text “@k74d8” to “81010” on your phone. It’s simple!

Each day, Remind notifications will be sent to inform parents about program items that might affect their child that day (i.e., Wear your camp shirts today - Picture Day!). A Remind will be sent by 7:00 P.M. the previous day, so you can pick up the information the night before.

## **HEALTH AND WELFARE**

Remember, your camper may require an adjustment period. If you feel your child is encountering problems at camp, **DO NOT WAIT! CONTACT THE CAMP DIRECTORS IMMEDIATELY!** Please do not wait until the end of the summer to let us know that your child had an issue at camp. We do our best when we are informed of your concerns, and are given the opportunity to address them. Complete responses on the Camper Data Sheet will help us with your child's requests, or any concerns that you may have regarding your child.

**TICKS** - We make every effort to check the children as part of our regular routine. However, those little critters can hide pretty well, and we strongly suggest you keep your eyes open too, especially checking through your camper's hair. We also suggest dressing children in light colored clothing. It will make it easier to spot a wandering tick. Again this year we have contracted with a spraying program to minimize our camper’s exposure to ticks, mosquitos and poison ivy. This 4 step program was developed specifically for camps, using organic materials applied by professionals from Ivy Oaks Analytics.

**TICKS AND LICE PREVENTION!** We will be spraying our helmets and van/bus upholstery with an all natural, non-toxic tick and lice repellent. Hopefully, this will keep our Elbow Lane campers pest free! The liquid spray contains cinnamon and spearmint oils, so you may notice a sweet fragrance emanating from your camper on days when they have worn a helmet! These steps have been very helpful in the recent past, as we have avoided lice issues. However, in the event a camper is seen by the nurse and lice is diagnosed, we have partnered with the “Center for Lice Control” so that immediate treatment and support is available, to assure a quick return to camp.

SUNSCREEN OR SUNBLOCK IS A MUST! Please apply sunscreen **prior** to the camp day. Campers will be reminded to apply sunscreen after both morning and afternoon swims. Counselors will assist in application, as necessary. We also recommend UV protected swim shirts, available at <http://elbowlane.gruvywear.com/>, or at local sport shops.

JR CAMP POTTY TRAINING POLICY - Campers are expected to be potty trained prior to the camp season. Counselors will remind campers to use the bathroom at swim time and frequently throughout the day. We encourage independence in all aspects of toileting and urge the parents to do so as well. If a camper has more than three “accidents”, the parents will be asked to keep the child home until successfully potty trained.

INCIDENT REPORT – In the event of an injury, phone contact with parents/guardians is established. This process is initiated by the Nurse and/or the Director, but can be delegated to an appropriate staff member. Since the program has no way of determining what each person considers an emergency, the general camp practice is to contact parents when there is concern about a campers health and/or when a situation is not progressing as expected.

OUR CAMP NURSE reviews every camper's Health Form. Please make certain that any health issue, of which we should be aware, is listed on the form. The nurse will be available for consultation on June 20<sup>th</sup> and 25<sup>th</sup>, by appointment; please schedule a time frame by emailing bob@elbowlane.com. Of course, you may speak to the nurse during the camp day by calling the office. If the camp is expected to administer prescription medication, or any other medication on a regular basis, we must be provided with written instructions by a physician – print our Medication Dispensing Form from our website.

### **INSURANCE**

Camp carries a self-insured, secondary, medical insurance policy. All medical claims must be submitted to the camper’s primary carrier before camp policy becomes effective.

### **MINICAMPS**

MINICAMPS provide camp-oriented programs, including swim, for working parents who need care for their children from the end of school to the beginning of camp, and from the end of camp through August 21st.

***Parents selecting this program must provide their own transportation.*** Campers must pack a lunch every day - there are no cookouts or pizza days during minicamp. 2017 Minicamp dates: 6/19-6/23 and 8/21-8/25.

Minicamp tuition is \$340.00 per week, with no additional fee for extended hours.

### **EXTENDED HOURS**

Extended hours during the 8-week camp program provides supervised childcare, for parents needing care beyond the regular camp hours of 9:20 AM to 3:40 PM. Extended hours begin at 6:30 AM and end at 6:00 PM. Parents selecting this option must provide their own transportation. The fee for extended hours is charged based upon actual arrival and departure times.

### **ARRIVAL AND DEPARTURE PROCEDURES FOR EXTENDED HOURS. (Parents should not make or receive phone calls during drop off/pick up – end a call prior to entering the Elbow Lane driveway, please!)**

Arrive no earlier than 6:30 AM. If you would like us to serve a breakfast, provided by you, your child must arrive before 7:30 AM - BREAKFAST TIME. When arriving before 7:30 AM, drive around the outer circle, stop by the entrance to the school and escort your child into the building. If you arrive after 7:30 AM and children are already on the playground, pull your car around the small circle and drop your child off with the Greeter Staff. Continue around the circle to exit. On a rainy morning, all morning extended hours’ campers should be dropped off at the school entrance. **In the afternoon**, the driveway will be closed and you will not be able to enter the campus in your car. Park in the parking area and check in with the staff located in front of the White House. They will have your child paged and brought to you. Please sign out with the afternoon staff



before taking your child. On rainy days, the gate will be open. You will be able to park by the Barn (2<sup>nd</sup> grade and older) or School (1<sup>st</sup> grade and younger). Staff will direct you. Until we get to know you or those listed on your Child Release Authorization, identification will be required when picking up your camper. Parents will be charged \$5.00 per minute for pick-up after 6:00 PM. Payment of late fees is due within one week.

### **PICTURES**

We have made arrangements for your camper's photo to be taken at camp on Tuesday, July 11<sup>th</sup> (Intermediate, Senior and Upper Campers) and Wednesday, July 12<sup>th</sup> (Junior Campers and Siblings). **Camp shirts should be worn for pictures.** Every camper will receive an individual and group picture at *no charge*. Sibling pictures are available for an additional fee. Information for sibling photos will be sent home on Monday, July 10<sup>th</sup>. If your child is not signed up this week, you can bring your child in to have his or her picture taken. Check the Parent Area, FORMS, on our website for the photo schedule.

### **RAINY DAYS**

Camp policy is to provide as complete a program as possible on rainy days. Children should bring rain gear to camp on rainy or rain-threatened days. It is our philosophy that movement on a rainy day is better than confining campers in one building for an entire day. A change of clothing is also recommended. There will be a slightly modified parent pick-up routine on rainy days – see “TRANSPORTATION (PARENTS PROVIDING THEIR OWN)” page 10.

### **SWIMMING**

Jr, Inter, Sr and 7<sup>th</sup> grade campers at Elbow Lane swim twice daily. Instructional swim takes place in the morning and recreational swim in the afternoon. Our Pool Director has modified our swim levels to reflect new American Red Cross standards. Swim cards are distributed as they are achieved. From time to time, campers express a hesitation to participate in instructional swim. The camper may be afraid of the water or afraid of the embarrassment of failing, and may offer a variety of reasons for not being able to swim. Our approach is based on encouragement and motivation to create a sense of security and the self-assurance needed for the camper to progress through our Swim Program.

Elbow Lane uses a system of specially designed swim bands to identify campers who have passed our deep-water test. To ensure safety at our pools, these campers must wear their band at all pool activities. Campers who lose their band will have to be retested. We encourage wearing the bands throughout the camp day, so we have ordered “really cool” bands. This should motivate your camper to wear them at camp. They may never want to take them off!

**NO CHILD IS FORCED TO SWIM OR TAKE A TEST!!** Parents are urged to contact the camp if you feel your child is having a problem at the pool. **Please send in a note** if your child is not to swim, due to health related reasons.

### **TIPPING**

Tipping has been a long-standing tradition in most camps. If you feel your child developed a special relationship with a counselor, driver, or specialist, it is appropriate to offer such a gift at the end of the season. Tipping is optional and is based purely on the parents' desire to do so.

### **PERSONAL EQUIPMENT**

Campers are discouraged from bringing personal equipment to camp. Elbow Lane supplies all camp equipment needed for the daily camp program. The camp is not responsible for the loss or damage of any personal property, sports equipment, cell phones, mp3 players, video games, cameras, radios, etc., brought to camp. Please leave them at home. The only exception to this policy would be for equipment needs for special activities, such as ice skating.

## **CELL PHONES**

**Campers are not permitted to make or receive phone calls or send and receive texts at camp. We highly recommend that cell phones NOT be brought to camp. Campers may not carry them during the camp day.**

**Parents should not make or receive phone calls during drop off/pick up – end a call prior to entering the Elbow Lane driveway, please!**

## **PETS**

No pets or animals should be brought to the camp.

## **WEAPONS**

Any item that could be used as a weapon is not permitted on the camp grounds. These items include, but are not limited to: knives, fireworks, BB or pellet guns, martial arts weapons and firearms. Anyone who brings these items to camp will have the item confiscated and parents will be called for immediate camper pickup.

## **ALCOHOL/CONTROLLED SUBSTANCES**

Alcohol or controlled substances are not allowed on camp property. Anyone found with these substances will have it confiscated and parents will be called for immediate camper pickup. All prescription and over-the-counter medications must be kept in the nurse's office.

## **TRANSPORTATION (PROVIDED BY CAMP)**

***REMINDER:*** We will require children ages 4 through 7 to sit in a booster seat when riding in a camp van. To minimize the inconvenience for parents, Elbow Lane has purchased booster seats for all children in this age range. Campers entering Kindergarten or older, who will be riding in a mini-school bus, are not required to sit in a booster seat, as school buses are exempt from this regulation. However, they will be buckled in seatbelts provided in the bus. Preschool age children must ride in a camp van, in a car seat provided by parents. Driving assignments are distributed to staff on Saturday, June 17th. Drivers will make every effort to contact each parent before Thursday, June 22nd. If you have not been contacted by Friday, June 23rd, call the office at (215) 343-2120. If you plan to be away that week, call the office before June 11th. **PLEASE UNDERSTAND THAT IT TAKES SEVERAL DAYS TO ESTABLISH THE MOST EFFICIENT PICK-UP/DROP-OFF ROUTINES -- DELAYS MAY OCCUR.**

On the *first* day of camp, all drivers must explain the expectations and evacuation procedures to campers. Training topics should include wearing seatbelts (if provided), remaining seated while the vehicle is in motion, not blocking exit doors with equipment, not distracting the driver, not letting anything hang or be dropped out of the windows, no comments to other passengers in other vehicles, etc. When arriving at the destination, driver will give the signal when it is safe to unbuckle their seatbelt, unlock the door and exit the vehicle. Campers should enter and exit the vehicle curbside. Driver will wait until an adult is visible and the camper is safely inside before pulling away and leaving. Parents will have the opportunity to waive this requirement by sending written permission to the office and having it approved by the transportation coordinator. Drivers may use their cell phones *only* to communicate with camp or with a camper's guardian when safely pulled off the road and parked.

**Parents should notify the driver when a child is expected to be absent.** The parents should also contact the driver to remind him/her to pick up the camper when he/she is ready to return to camp after an absence. Please have your child ready for morning pick-up, as our drivers may not leave their vehicles to knock on your door. Also, other children are waiting to begin their camp day! **IN THE AFTERNOON, SOMEONE MUST BE HOME TO WELCOME YOUR CHILD** unless waived per above.

Our drivers are reminded to drive safely. If you should observe them disobeying any traffic regulations, please contact the camp office.

Requests for changes in pick-up or drop-off locations must be in writing and forwarded to the camp office for approval. We can only honor requests if there is room in the vehicle on the route requested.

If you plan on picking up your child at camp, please notify the driver and camp office in advance. Plan on arriving at camp before 4:00 PM, and follow the procedures on the following page for parents providing their own transportation. We will release campers only to those people identified on the Child Release Authorization form. For early pick-ups (prior to 3:00 PM), park in the front lot in the Visitors Parking section and meet your child at the camp office.

## **TRANSPORTATION (PARENTS PROVIDING THEIR OWN)**

### **Parents should not make or receive phone calls during drop off/pick up, please!**

For your convenience, and most importantly the children's safety, we have established the following procedures for dropping off and picking up your children for the normal camp day:

**Arrival** - please arrive between 9:00 and 9:20 AM. **Departure** - please pick up between 3:40 and 4:00 PM.

Upon arrival at camp, you will be guided by our "Greeters". They are following camp procedures. PLEASE COOPERATE WITH THEM! At morning drop-off, enter the main camp entrance and bear to the around the small circle. Continue around the circle to the staff awaiting the arrival of your camper. Please do not exit the car or unload before reaching the drop-off point. For the safety of both staff and children, place your car in PARK and the Greeter will open the door to help your child out of the car.

Parents of children in the 3/4 day program should arrive at 1:30 PM, park in the parking lot and walk to the office to sign your child out. Your child will be escorted by their counselor to meet you at the office area.

There is a section of the parking area that is designated for visitors. This area is for short term parking only! Parents may park in this area when picking up their campers at times other than normal dismissal.

During the afternoon pick-up, **please, please do not arrive before 3:40PM!** Vehicles back up and block traffic on Elbow Lane. Cars approaching camp from the north (Pickertown Road) should enter the camp through the staff entrance located just before the main entrance. Those cars entering from the south (Street Road) will continue to enter through the main entrance. Staff members will be stationed to help direct traffic and merge the two lines into our pick-up circle.

No child will be excused while cars are moving - please do not call to your child as you enter. We will provide a color-coded "parent pick-up" name tag for you to place on your dashboard at pick-up time. Please display this tag every afternoon. For those without the Elbow Lane tag, photo identification will be required.

Parents with children in the AM/PM extended hours program - see arrival and departure procedures for extended hours (page 7).

## **VISITING DAY**

During the season, Elbow Lane will be open to parents and family members, invited by the parents, for visitation. Visiting days this summer are scheduled as follows: Junior Camp (preschool through 1st grade) - Tuesday, July 18<sup>th</sup>, from 9:30 AM to 12:30 PM. Please bring a picnic lunch to dine with your camper (rain date is Thursday, July 20<sup>th</sup>). Intermediate, Senior Camp and 7th grade - Tuesday, July 25<sup>th</sup>, from 9:30 AM to 12:00

noon (rain date is Thursday, July 27<sup>th</sup>). Parents with sibling campers may visit both children on one day, if not available for both visitation days. Other visits to camp may be made with the approval of the camp directors.

**WHAT TO BRING TO CAMP (PLEASE LABEL EVERYTHING)**

The following items should be brought to camp each day:

- |  |                            |
|--|----------------------------|
| Camp bag for essentials                        | Sunscreen or sun block     |
| Plastic bag for wet swim suits                 | Suggested Optional:        |
| 1 or 2 swim suits                              | Hat                        |
| 1 or 2 towels                                  | Water bottle               |
| Flip-flops (or aqua shoes to wear to the pool) | Gaga glove (batting glove) |
| Lunch and drink                                |                            |

***Minors (preschool) Only***

Nappers at camp should bring a blanket on Mondays. They will be returned on Fridays for washing. It is also okay to bring along a stuffed animal friend.

VELCRO SNEAKERS are recommended, as they speed the changing process before and after swim. If you are buying new sneaks for camp, consider Velcro.

**WHAT NOT TO BRING** -- Camp advises campers not to bring valuables, such as jewelry, cell phones, trading or collectable cards, cash or expensive sports equipment to camp. We cannot be responsible for articles lost or stolen. Electronic devices are not appropriate at camp (see "Personal Equipment" Pg. 8).

***PLEASE KEEP THIS INFORMATION IN A HANDY PLACE FOR THE ENTIRE SUMMER***

***OTHER PROGRAMS AT ELBOW LANE:***

***SMALL GROUP AND PRIVATE SWIM LESSONS*** - available after the camp day. Our own Swim Instructors will provide the instruction. Although we do an excellent job teaching our campers to swim in our regular instructional swim program, we have found that children occasionally "plateau" and need just a little extra attention to move ahead. We will also offer coaching sessions for the more competitive-minded swimmer who would like to refine their style and cut their times. --- This program will be offered Monday through Thursday throughout the camp season. The lesson will be 30 minutes in length (after camp), and parents can select the day(s) that are best suited to their schedule. Lesson fee must be prepaid. Campers enrolled in after-camp swim lessons must provide their own transportation home on lesson days.

*Fees - Private Lessons - \$45.00 / 30 minute session*

*Group Lessons - \$35.00 / 30 minute session (2-3 in group)*

***TENNIS LESSONS*** – can be arranged with our Tennis Pro, Luis Ponce.

*For more information or to enroll in either program, contact the camp office (215-343-2120).*

***PRESCHOOL*** for children 3 - 5 years old. Three and five day programs are available, September to June.

*Our school is licensed by the Pa. Dept. of Education*

***CHILD CARE*** for Infants (starting at 6 weeks), Toddlers, and Pre-Schoolers. Before and After School programs for elementary age students, with transportation provided

*For more information or to enroll, call Lisa Puchalski, School Director (215-343-2120)*

***ELBOW LANE AND MORE*** – Corporate Events, School and Community programs, Family Picnics .....And More. Visit our website for more information. [www.elbowlane.com](http://www.elbowlane.com)